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Price upon Application Freehold











A magnificent, detached and double fronted freehold house overlooking a beautiful communal garden square.

13,285 sq ft (1,234 sq m) | EPC rating D

Entrance hall | Kitchen/breakfast room | Five reception rooms | Two studies | Eight bedrooms | Nine bath/shower rooms | Gym | Sauna/spa | Steam room | Utility room | Staff Kitchen | Five guest cloakrooms | Plant/storage | Passenger lift | Underground garage | Car lift | Terraces | Balconies | Garden | Off street parking

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£6,750,000 Freehold













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3,001 sq ft (278 sq m)| EPC Rating C

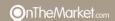
Entrance hall | Drawing room | Kitchen | Family room | Dining area | Master bedroom with ensuite bathroom and dressing area | Three further bedrooms | Further bathroom | Ensuite shower room | Two cloakrooms | Utility room |

Two vaults | Terrace | Garden

Kensington 020 3930 1358 kensington@struttandparker.com











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 $\prod_{y \in \mathcal{Y}} We$ round up the best in culture for you this month

28 Explore and celebrate the small theatres of west London

Indulge

32 Henry Harris tells us all about his latest venture in Maida Vale

36 Find out why Alexander Larman thinks you should visit Indian Accent

Design

Arteriors open their new design showroom in Chelsea

44 Garner some inspiration for your dream bathroom this season

50 Discover the new rooftop suites at The Berkeley in Knightsbridge

Lifestyle

62 Don't miss Katherine Elizabeth Millinery's Mother's Day workshop

64 How this new florist in Notting Hill is mixing it up a little

75 Escape to the beach in Cornwall with Bethan Andrews this month

Property

79 All of the latest property news from your area



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BEDS, SOFAS AND FURNITURE FOR LOAFERS

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Our editor's March favourites

Head to the V&A for the Winnie the Pooh exhibition and a trip down memory lane. Don't miss this one!





The headline show at Vault Festival. **Becoming Shades** takes audiences on a fabulous immersive underworld journey.



Silentniaht has launched some new sleep candles, room mists and sleep sprays that are each designed to help you relax and sleep better.



everything I know about parties, dates riends, jobs, lie, love

This is a book that I am incredibly excited about. Dolly Alderton's debut book is full of laughs, tears, and wit and is sure to have you feeling warm inside.

With an extremely central location in historic Queen Sauare near the Circus, Royal Crescent and Roman Baths, head to the Francis Hotel in Bath this month to explore its nearby offerings.



MARCH 2018

Letter from the



rovenance: the place of origin, or the beginning of something's existence. It's a word that is thrown around an awful lot these days and it's one that I'm not entirely convinced everyone knows exactly what is meant when it is used in certain scenarios. But when it comes to food, it's a topic that has shot to fame over the last few years, with everyone wanting to know where their dinner is coming from.

I grew up learning the importance of this from my mother from a very tender age, surrounded by veg patches, allotments and the rolling farms of the Yorkshire Dales. I was always taught the importance of eating from the land and knowing where the produce on our table had come from. I have so many fond memories of picking the veg, visiting the local farm and spending sunny days watching my mum in the garden – but not collecting the eggs from our chickens, as I am still to this day absolutely petrified of the blooming animals.

It has meant that I have grown up to love cooking though, so to be given the opportunity to interview Tom Aikens for this month's magazine was a big deal for me. And who better to talk about taking it back to nature and provenance than with the man who changed the way that the restaurant industry approaches the very topic? Turn to page 14 to read all about that and his plans for the new Tom's Kitchen Chelsea.

Speaking of mothers, Happy Mother's Day to both my own mum, who inspired me in so many ways other than those above, and to all the lovely mums out there today. If you're reading this, go and grab yourself a cuppa (or something stronger), sit back and take a moment for yourself - I can assure you that you will most probably deserve it. It feels to me that there is an air of spring about this issue, from new beginnings and nature to a dash of sunshine at the end. So join me in having a bit of a spring in my step and enjoy the issue!

Bethan Andrews, Editor

Bethan.Andrews@archant.co.uk

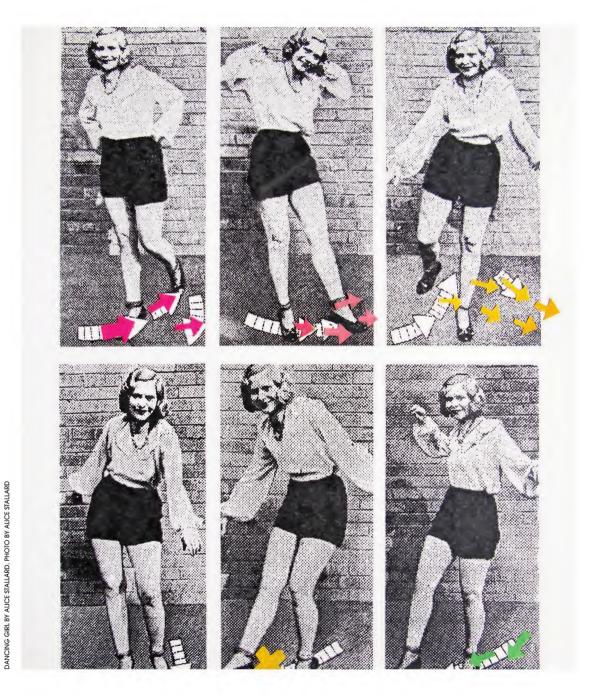


ALDERLEY EDGE ALTRINCHAM BEACONSFIELD BRENTWOOD BRISTOL CHELSEA ESHER GUILDFORD HARROGATE ISLINGTON LEAMINGTON SPA LONDON W1 TUNBRIDGE WELLS

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CODE K-RES04

CULTURE



TALENT ARISING

Discover some of Mayfair's exciting new artists this month

SEASONAL SHOOTS

The London Wing Shooting Fair arrives in the capital

FROM THE LAND

Why Tom Aikens prioritises provenance and natural produce

AND fur ABOUT

The finest in arts and culture events and new launches

Ur ex ur Po a

NOT TO MISS CHILDHOOD MEMORIES

Until 8 April at the V&A, experience the timeless and universal appeal of Winnie the Pooh in Winnie-the-Pooh: Exploring a Classic. Go on an adventure and a journey with this muchloved bear and discover the story behind the creative partnership of A.A. Milne and E.H. Shepard, brought to life through sketches, letters, photographs, cartoons, ceramics and fashion.

The Skill in Art

Throughout March, in the Sir John Soane
Museum's Foyle Space, you will find the
Architectural Drawing Prize exhibition
being presented. It represents the
culmination of the inaugural Architecture
Drawing Prize which launched in
summer 2017. The prize celebrates
drawing's significance as a tool in
capturing and communicating ideas,
recognising the continuing importance of
hand drawing, but also embracing the
creative use of digitally produced
renderings. The exhibition will showcase the

winning entry as well as a selection of those shortlisted, announced at the World Architecture Festival in Berlin in November 2017. *Momento Mori: a Peckham Hospice* Care Home by Jerome Xin Hao Ng was selected as the overall

winning drawing, and was taken from the category for Hybrid images.

13 Lincoln's Inn Fields WC2A 3BP; soane.org

Changes in Perception

Edel Assanti presents *Crazy Delay*, Tamar Harpaz's first UK solo exhibition. Harpaz manipulates perception using optical devices and cinematic mechanisms. Bringing ageing technologies to the point of malfunction, she uses their failure as a driving force in her work. *Crazy Delay* is disorienting at first. Glass, metal and lights are assembled alongside seemingly disparate objects – musical instruments, crockery and domestic furnishings. Analogue motors and circuitry animate each aspect of the meandering installation in turn, initiating a durational audiovisual sequence akin to an unfolding cinematic plot.

A total narrative emerges, the outcome of Harpaz's composition of a written narrative and accompanying sonic score, which together serve as the installation's framework.

Tamar Harpaz, 22 March-21April;
74A Newman Street W1T 3DB; edelassanti.



SPEED TO VICTORY

Dancing on Ice fans will be delighted to learn that the final celebrity and pro-skater line-up for the 2018 DOI UK Tour has been announced. Donna Air and Mark Hanretty will once again take to ice and join other stars from the current ITV series: Jake Quickenden and Vanessa Bauer; Kem Cetinay and Alexandra Murphy; Max Evans and Ale Izquierdo; Alex Beresford and Brianne Delcourt; Cheryl Baker and Dan Whiston; and two-time former DOI champion Ray Quinn and Alexandra Schauman. Donna Air, the final celebrity to join the line-up, says: 'I never imagined I would get this far in the competition, I have completely fallen in love with skating. So being asked to join the live tour is an absolute dream come true!'

The Dancing on Ice UK tour will open at The SSE Arena, Wembley on 23 March for the first of 27 shows



DANCING ON ICE ® ITV STUDIOS; KITCHEN SINK DRAMA, 2015, INSTALLATION SHOT, PHOTO BY TAMAK HARPAZ, COURIENS FOLES ASSAMT: HIRO IMAGE, DONIAR MITCHET WITH SILVER HAND INJUVIOR 1940 B.HDO.





A HERO OF PHOTOGRAPHY

Hamiltons presents the work of esteemed photographer Hiro, selected from his diverse and dynamic oeuvre. The majority of prints in this exhibition have not been previously editioned, so have never been publicly seen outside of the magazine pages until now. The exhibition consists of two parts: his rarely exhibited black and white photographs in the front gallery, and his vibrant colour work in the second gallery. Known for the originality of his photographs, Hiro's photographic career began at Harper's Bazaar in New York as a fashion, still-life and portrait photographer.

> 13 Carlos Place W1K 2EU; hamiltonsgallery.com

Parallel World

This spring, the Serpentine invites you to you first encounter with a sentient artwork named BOB (Bag Of Beliefs). A litter of BOBs will begin their lives in parallel on 6 March. Each BOB may become interested in you, love you, hate you, mistake you for someone else, learn from you, or ignore you. And you in turn may permanently influence a BOB's behaviour, beliefs, and emotional life. BOB is the creation of American artist Ian Cheng and will sit at the heart of his first solo UK exhibition, transforming the Serpentine Gallery into a space not unlike an animal sanctuary for new forms of 21st century life. Growing and evolving at all hours of the day and night, BOBs will not be exhibited for your viewing pleasure – you will be exhibited to them.



JGM Gallery Meet the Manager

From 7 March-14 April, Dominic Beattie is exhibiting at JGM Gallery in Battersea. We talk to Gallery Manager Alice Wilson about what to expect.

What does your role entail?

Logistics, design and artist liaison are central to my role, I've come to JGM gallery with a strong knowledge and network in the contemporary art world. It is a small team and an exciting environment to work in.

What are you most excited about for the Dominic **Beattie exhibition?**

Through visits to Beattie's studio over the past few months it has been both impressive and stimulating to see how he has responded to making work to exhibit at JGM Gallery. With an entirely new series of work it is a Dominic Beattie exhibition that has not been seen before. Those familiar with his making abilities

> will see a pairing down in his approach, but with an added finesse that lays bear the decision making.

What can people expect?

The show promises an explosion of colour and pattern. It will see Beattie install his first 'wall painting' set to fill the entire expanse of a street facing wall confronting visitors to the gallery as they approach. Also included are items of furniture, developed with his partner Lucia Buceta's design input.

What else is planned for 2018?

The programme is set to continue JGM Gallery's dialogue between Indigenous contemporary art and International contemporary art practices.

24 Howie Street SW11 4AY; jgmgallery.com

TOS BY DAVID GRIFFEN

MASTER CHEF

As Tom Aikens opens his newly relaunched Tom's Kitchen Chelsea site, we catch up with him about what to expect

Words BETHAN ANDREWS

ome people simply thrive off being busy or even, in fact, can't function without adding 100 things to their plate every morning (excuse the pun).

Renowned chef Tom Aikens is without a doubt part of that club and, as I try to find a suitable time to chat within his busy schedule, this becomes immediately crystal clear.

So, after having our first phone call rescheduled due to the fact that the

self-confessed fitness fanatic was using his free time wisely to go for a bike ride – the wind was blowing a gale and I didn't fancy being responsible for a biking related injury -

biking related injury – we finally settled down to chat over breakfast one morning.

'I'm definitely a workaholic,' he announces. 'I try to take weekends off and spend time with the family, but I like to go to the gym and work out to keep me sane and I find it therapeutic. You have to be driven to do the restaurant industry, it's either full on or nothing.' And his impressive journey into the competitive world of professional cheffing certainly pays tribute to this work ethic – and it started a fair while ago, when Aikens wasn't even in secondary school yet.

'I'll keep it fairly short, as I don't want to bore you,' he laughs. 'I grew up in Norfolk and my childhood had a lot of influences for me to be a chef. My mother was a very good home cook and she would always prepare food for the table where as much as possible would come from our vegetable garden. There was a lot of seasonal produce and jam making,

and weekends were full of messing around in the kitchen.'

With his father in the wine business too, Aikens also spent holidays in France experiencing the different methods of cooking there, cuisine and the different use of produce. By the age of 12, Aikens tells me that he had a really good feel for what French food truly was and it was also around this time that he felt inspired by

watching his father work hard in his own business. 'I just thought that I didn't want to sit at a desk and do something dull

and boring,' he says.

My childhood had

a lot of influences

for me to become

a chef

'So I decided then that I would pursue a career as a chef. I called up a local food college in Norwich and asked them what qualifications I would need even though I wasn't at high school yet! They said that I didn't really need any, so this was great news to my ears and I just bumbled along with school from this point. My parents and teachers evenings were getting worse and worse, and when crunch time came and my final exam results weren't very good, I told my parents what I was going to do and that I had had this plan all along!'

Aikens went to college and afterwards, headed to London. It was pretty impossible to get a job due to his lack of experience and the few restaurants that were available then. He tells me how he sent off a lot of letters saying that he would work for nothing for six months to prove himself. 'One



restaurant that did come back to me was a one Michelin star restaurant in Battersea called Cavalier's,' says Aitkens. 'I stayed with him for six months and then he gave me a job so I had my foot on the ladder.'

From there, Aikens worked at Pierre Koffmann's La Tante Claire in Chelsea, which gained a third Michelin star during his time there. In Paris, he worked with Joël Robuchon, and Gerard Boyer at Reims. He then returned to the UK as Head Chef of Pied à Terre, where, at 26, he became the youngest British chef ever awarded two Michelin stars.

But it was when working under Carole Bamford at Daylesford that his true passion for looking into where produce comes from came into play. 'The farm to plate culture really





wasn't about at all in 2002,' he says. 'I thought it could be a really good way to focus on linking up suppliers for when I opened a restaurant myself one day.'

Fast forward to today and Aikens has opened restaurants in the Middle East, as well as his numerous London sites. So, having worked under some of the industry greats, who had the biggest impact on him in his earlier career to inspire him to keep pushing and allow this to happen? 'In terms of the chefs, it would definitely be Pierre Koffmann and Joël Robuchon who were two of the big chefs who were instrumental in my career,' he says. 'They are both very different. One is very much classical in his approach, and another very detailed in his approach and focused on the produce. They were always pushing things to the absolute limit.

Mixing things up and introducing change with his restaurants and approach is something that Aikens too seems to prioritise, and Tom's Kitchen Chelsea brought about a revolution in the way in which establishments could approach provenance. 'I set up Tom's Kitchen on the basis of this,' says Aikens. 'It's all about suppliers being the heroes and mapping out where all of our produce comes from. I was way ahead of the curve of everyone doing that in 2006, and it had a good impact on people.'

Now, this spring, Aikens will relaunch his flagship Tom's Kitchen restaurant in Chelsea. Following an extensive refurbishment by B3 Designers, he will be introducing an exciting new menu offering seasonal British small plates, perfect to be shared with family and friends.

Tom's Kitchen Chelsea first opened in 2006 as a contemporary all-day brasserie, serving British favourites and comfort food classics in a relaxed and informal environment. Twelve years on, the restaurant's renewal will bring a welcoming and modern feel to the interiors.

'I was looking at all the old press clippings from when it first opened and seeing how well it was received, how much of a big change it made on the restaurant scene in London and I still want to do that now,' he says. 'Dining out has changed dramatically since then so you always have to up the game. We are keeping the heart of it, but making it a little bit more comfortable.'

Having somewhat taken over Chelsea, why does Aikens love the area so much? 'Chelsea has changed a lot and there are a lot more restaurants now, which is a good thing,' he insists. 'It has a lot to offer and I think people are dining out a lot more.' But it seems that this year, Aikens is moving on to pastures new as well. 'I've got a new restaurant in Abu Dhabi in a hotel, which is my main target this year,' he says. 'And then looking at a possible London location too.'

Again, always very busy. But after this chat, I'd be worried if his plans for 2018 were any different.



Tom's Kitchen Chelsea re-opens on 20 March; tomskitchen.co.uk



FRESH TALENT

How emerging artists in the area are using galleries, Instagram and innovative displays to make a name for themselves

Words FAY WATSON

he illustrious galleries of
Mayfair are well known
across the art world, but
sometimes the lofty heights
of W1 can seem too high for
emerging artists to reach.

Yet, a short walk around the area will introduce various spaces championing exciting talent, like the Gazelli Art House opening a solo exhibition for sculptor Kalliopi Lemos on 16 March and Gallery Elena Shchukina's pop-up show celebrating women in art opening on 15 March.

Seeing David Harber's sculptures adorning the entrance to 45 Park Lane, it's also clear that galleries are not the only spots opening their doors to emerging artists. For their exhibition this month, the luxurious Mayfair hotel is featuring 12 promising artists,



curated by long-term collaborator Lily Ackerman, of Ackerman Studios, who helps put artwork on display outside the traditional space of galleries.

'Historically, showing art outside of a gallery space has been quite frowned upon by art insiders, but I think 45 Park Lane has been quite forward-thinking in terms of using space that isn't necessarily a gallery space to show art,' she tells me.
'And, somewhere like Mayfair, you
get the guaranteed footfall of the
incredible people literally seeing
your work everyday.'

All of the artists selected have been enthusiastic about what such a space offers them, including 24-year-old Maddie Rose Hills, whose three abstract paintings on display were inspired by climbing



EXHIBITING TALENT

For managing director and curator of Maddox Gallery, James Nicholls, this is an exciting time for emerging artists. The gallery group, which houses two galleries in Mayfair and one in Westbourne Grove, specialise in presenting exciting artists for investment.

'Our model is here finding world emerging potential artists,' he tells me. And one of the most exciting talents that the gallery looks after is Bradley Theodore, an emerging artist who the gallery sold 300 pieces from in the first year they showed him alone.

Nicholls says: 'In two years, we've built up the relationship together and now he's all over the world at our exhibitions and shows, whether it's Miami or Bahrain or wherever.'

The small team at the gallery, which opened its doors two years ago, love to work with emerging talent in this way. Nicholls says that they are always on the look out across art fairs and social media, alongside responding to around 10 to 15 artists everyday who reach out to them.

He enthuses: 'We represent these artists, which is a great honour to me.'

9 Maddox Street, Mayfair W1S 2QE; maddoxgallery.co.uk



Mount Kilimanjaro in Tanzania last year. 'Seeing the work in that space was really interesting because I have only ever really seen my work in more of a gallery setting,' she says. 'It's definitely a completely new way of seeing my work and obviously it is one of the best looking places to see it.'

Other exhibiting artists – Amelia Sampson, a Dorset-based sculptor

who works with stone and reclaimed materials, and illustrator Alice Stallard, who focuses on modern day charms and talismans in her work – agree that the space offers them a new opportunity to showcase their pieces.

Ackerman adds that it also gives them an opportunity to have a Mayfair address behind them, which holds great clout in the competitive art world. 'It's a massive thing,' she tells me. 'For a couple of the artists who are not even London-based to even get into a London gallery is really hard.'

This competitive nature of the industry is leading emerging artists to explore new platforms to showcase their work, like social media, which is fast becoming an essential tool for fresh talent to be discovered.

Kensington-raised artist Tarek Al-shammaa is a keen promoter of his work on Instagram, posting his process most days and engaging with people who like his work. Based out of a studio in Kensal Green, the 36-year-old artist says: 'You kind of make your own gallery,' he tells me. 'You have direct contact with the people who are interested in your work too at the same time.'



But he is also keen to point out that this is just a process of getting his work, which he dubs 'artificial realism', out there as nothing can beat seeing it in person.

to watch

This is something another emerging talent, Jadé Fadojutimi, can relate to. Off the back of her recent solo exhibition at the Pippy Houldsworth gallery in Mayfair, she has found social media as one of the best ways to promote what she is up to.

Her paintings are influenced very much by identity and her time spent in Japan during her MA at Royal College of Art last year. She tells me: 'Identity is so important in my work, or reflecting on it, or questioning it, that one thing I was eager for is for each painting to have its own presence.'



The 24-year-old east Londoner shared these artworks a lot during her show as it gave her a reach wider than you would usually get as a young artist just out of school. Interestingly, it was also via the app that the partnership with Pippy Houldsworth started after she contacted her after seeing her degree show.

So whether you're looking to invest in a growing talent or just see some of the most exciting artworks at the moment, its clear you need to look no further than W1. But do make sure you're looking beyond just the galleries.

Emerging Artists: An Edit is on at 45 Park Lane until 27 March

INTO THE HOME

WhyNotArt is an online curated platform where clients can rent artworks from prolific artists on a monthly basis. Co-founder Phillip Rosenberg explains that this gives emerging artists another way to showcase their work by expanding the gallery model into people's homes.

'We want to be able to spread the artists' works across various homes and have art be appreciated by new potential clients, and not just by them, but also their friends and their families,' he says.

Launched in London in 2017, the company profiles a number of emerging artists in the capital, like Valerie Savchits and Kate Dolan, to give them a chance to build their profile.

'A lot of galleries nowadays, especially with the increase in rent prices, are getting smaller and smaller, so they can't show all their artists at the same time,' Rosenberg adds.

'So for one year tied up at the gallery, your art piece can be stored flat in a warehouse for a long time. We're trying to say we don't want that to happen.'

whynotart.com



KATE MOSS BY BRADLEY THEODORE TAKEN IN HOUSE/MARK PALMER, COURTESY OF MADDOX GALLERY; PHOTO OF GAZELLI ART HOUSE BY SAM DRAKE, COURTESY OF GAZELLI ART HOUSE, LOST AND FOUND BY VALERE SAVCHITS, COURTESY OF WHYNOTART

WILDSMITH



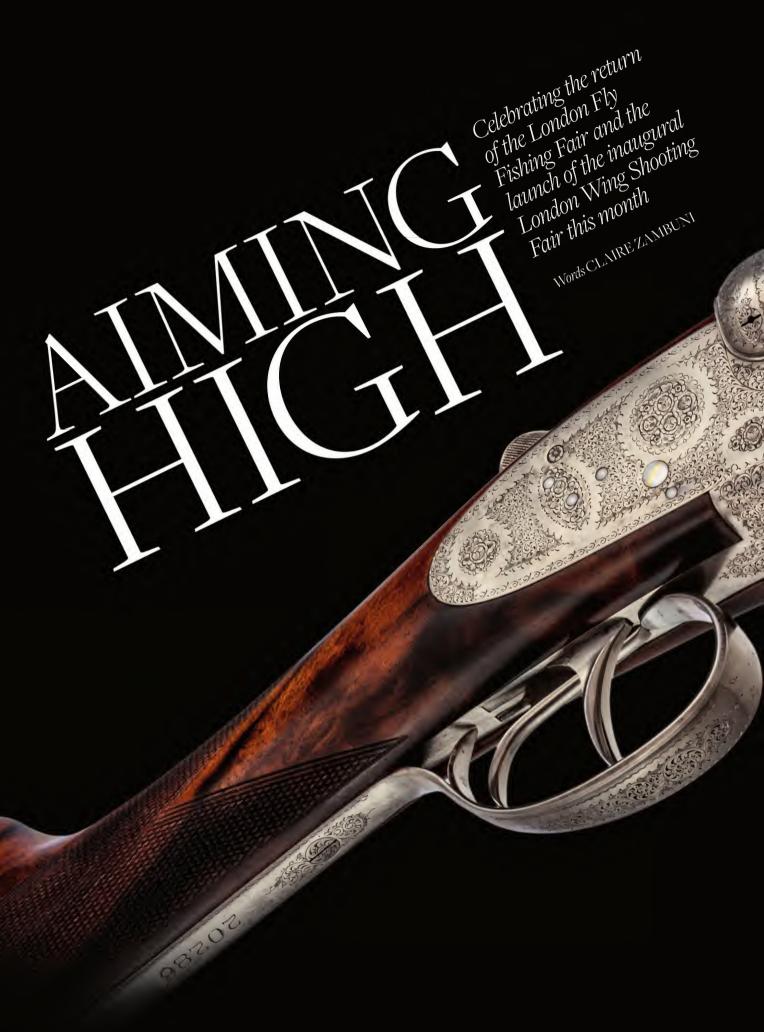
1847

"You are either in your bed or in your shoes, so it pays to invest in both."

John Wildsmith

Available from

www.wildsmith.com | www.herring.co.uk





and successful history when it comes to engaging in the sport. The famous British gunmaker Purdey was founded in Mayfair in 1814 and has become eponymous with all things both city and country shooting and field. Having been granted its first Royal Warrant in 1868, the company still goes from strength to strength in the market today.

Exhibitors at the fair, however, will be joining from far and wide with international brands from as far afield as Argentina all the way to Alaska. Looking closer to home, some of the most celebrated brands in London will be in attendance flying the flag for British heritage brands. Indeed, many of those joining are quintessential Bastian's of craftsmanship and

ages, and the fall growing of the con-



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londondoor.co.uk



and can be found in locations across Mayfair, St. James and Pall Mall.

The fairs are a brilliant means of supporting the local community by raising awareness for the fantastic brands nestled in the heart of London and exposing them to a wider audience. The fairs will offer an amalgamation of all the best makers of Mayfair and St. James that contribute to the country sports scene, as well as the opportunity to gain easy access to the world of country sports as enjoyed across the globe.

With over 175 years' experience, Farlows has been at the forefront of sporting excellence and more recently the fishing travel business, providing equipment, clothing and expertise. Based in Pall Mall, Farlows Travel will be showcasing its fantastic fishing trips across the

globe with experts on hand to help plan your next fly fishing adventure. Robin Philpott, Managing Director at Farlows, says: 'We are delighted to be participating at the London Fly Fishing Fair — although the Farlows store on Pall Mall, our home base, is only a couple of miles away, the fair will allow us

to reach and engage with an audience of true enthusiasts, many from outside the capital, all of whom are potential clients for the high quality fishing and shooting destinations we have to offer for their sporting holidays and adventures.' You could find yourself planning a fly fishing trip of a lifetime to the Bahamas, Seychelles or even as far afield as New Zealand.

Amongst the huge range of

You could find yourself planning a fly fishing trip to the Bahamas

gunmakers in attendance, Holland and Holland has been crafting bespoke guns for 183 years. In fact, the gunmakers' flagship store has been based in Mayfair for 158 years to be precise. Holland and Holland is now on 13 Bruton Street, with the team making their short journey up to Islington for





the two-day event, showcasing its bespoke guns, high-fashion and services. Be sure to drop by the stand for a first-hand experience of their expertise, the craftsmanship, heritage, and performance that make their bespoke guns such a coveted asset.

Orvis UK are vet another brilliant brand that will be exhibiting at The London Fly Fishing Fair. Their flagship UK store can be found on Regent Street and is home to an exemplary range of lifestyle and dog products as well as specialist fishing equipment. Made by those who love the outdoors, for those who love the outdoors, Orvis' stand will offer both London and country-based visitors an opportunity to access all the best clothing and kit necessary for equipping oneself for an adventure in the elements.

Visitors can also learn more about Orvis' latest masterpiece, the phenomenal Helios 3 rod. With qualified fishing experts on hand to inform and educate, both beginners and enthusiasts will be sure to learn something new about the fantastic sport.

'Last year's show was a great event and it is something that Orvis are keen to support again,' says Rachel Brady, Sporting Coordinator at Orvis UK. 'Having the fly fishing community gather from across the country, all in one place, was a fantastic way to showcase the sport and get the word out to even more potential anglers.'

From country clothing to bespoke guns, William Evans has built a fascinating history in its St. James's base. Founded in 1833, William Evans gunmakers is still producing high quality bespoke

William Evans can

equip visitors with the

perfect town and

country look

guns, as well as their famous handmade British tweeds for both the field and everyday

London city life. In its debut at the London Wing Shooting Fair, William Evans can equip visitors with the perfect town and country look to see them through to the next season. With experts on hand

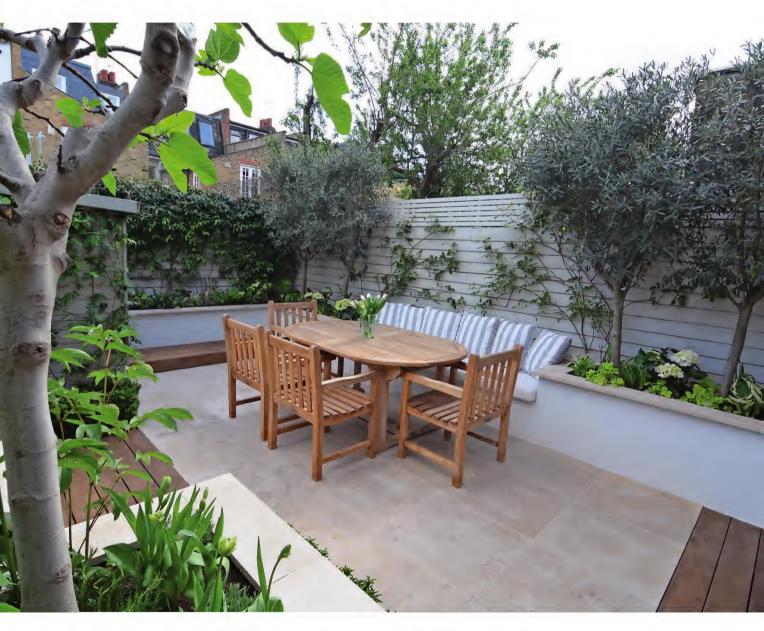
to guide visitors through their specialist range of second hand guns, the William Evans bespoke process is the ultimate

experience for a shooting man or woman on the hunt for a gun built to their own specification.

thelondonflyfishingfair.co.uk; thelondonwingshootingfair.co.uk







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DTO OF THE YORK REALIST BY JOHAN PERSSON; MAIN IMAGE OF RUSSELL LIPANT COMPANY BY HUGO GLENDINNING; PHOTO OF FINBOROUGH THEATRE

Small and MIGHTY

West London is famed for pushing the boundaries within the arts, and these small theatres are no exception

Words JENNIFER SHARP

hat is small and quirky, endlessly inventive and utterly fascinating? Why it's the vibrant small-scale theatre scene in London, of course, a refreshing contrast to huge venues with blockbuster shows. London hosts some of the best stage drama in the world, but there's an alternative to West End theatres with marquee names and sky-high ticket prices.

Across the capital there's an exciting range of small-scale theatres often in rooms above pubs, makeshift semi-industrial sites, a rowing club on the Thames, a quaint tea room or a disused bus station. Large commercial venues have audiences of 1,200 or even



The Coronet is a fantastic part of the local community





Ben Batt and Jonathan Bailey in The York Re Donmar Warehouse, directed by Robert Hastie

brave champions of

new work and

reviving writers

2,000, but their bijou counterparts can seat just a few hundred or even 50 at The Finborough, or 70 at Jermyn Street.

It's a thrilling experience compared to the familiar appeal of big West End shows. These edgy, small productions have

a different audience, more intense, more respectful and very different from the usual theatre crowds with their notorious eating, chattering and checking their phones.

Small theatres are brave champions of new work and reviving writers eclipsed by fashion such as Terence Rattigan or Jerome K Jerome. Top directors and designers such as Rupert Goold, Lucy Kirkwood and Robert Icke are drawn to this stimulating freedom and James Macdonald, one of London's most outstanding directors, is a fan of 'slow theatre'

and the risk of controversial material. 'I haven't done a lot of light comedy,' he admits with a grin. 'I like plays that push the boat out in

Small theatres are structure.'

Though it's very different from the big bucks of film and television, high-profile actors (such as Tom

Hiddlestone as a startlingly gory Coriolanus at the Donmar, and Juliet Stevenson in *Mary Stuart* at the Almeida) are attracted by what David Tennant calls 'the excitement, the nervousness, the fear'.

Alongside her stellar career on the big screen, this month actress Carey Mulligan is embarking on a one-woman show at the Royal Court, *Girls & Boys* by cult writer Dennis Kelly, drawn by the intensity of a close collaboration with director and designer, in this instance Lindsay Turner and Es Devlin.

In the past five years I've seen



moving plays imaginable, sometimes sitting so close to the actors that you can touch them and hear them breathe. At a recent production of Strindberg's *Miss Julie* in the Jermyn Street theatre, some of the audience were almost part of the stage set and this gave a fresh visceral reality to a classic drama that's 130-years-old.

Two ground-breaking plays by Florian Zeller had their London premieres in the tiny setting of the Tricycle theatre in Kilburn. *The*

Father featuring Kenneth Cranham and Claire Skinner was an agonising study of dementia, while *The Mother* featured Gina McKee at her luminous best going quietly mad in a comfortable bourgeois marriage.

Drama doesn't need complex props and costumes to be effective. My Eyes Went Dark at the Finborough had a set of just two chairs and high-octane acting from Cal MacAninch as the grief-stricken man who lost his family in a plane crash and



Thusitha Jayasundera morphing effortlessly into the dozen characters who drive the plot.

At the Print Room in Notting Hill Gate, artistic director Anda Winters provides an imaginative programme of plays, poetry and dance. I've been enthralled by Conor Lovett's bravura solo performance in Will Eno's Title & Deed, mystified by the Samuel Beckett season last summer, and moved by Robert Holman's heartbreaking A Breakfast of Eels written for two young actors Andrew Sheridan and Matthew Tennyson and described as 'an uncompromising bruise of a play'. Maliphant Works sees acclaimed choreographer/dancer Russell Maliphant return to the London stage having last performed at the Coliseum in July 2014 with Sylvie Guillem.

The Print Room occupies the remains of a grand Victorian building originally a theatre and

then a cinema. Let's hope the long-term restoration plan keeps the graceful decay that makes it so appealing and you'll love the decadent bar with sloping floors, brick walls and great cocktails.

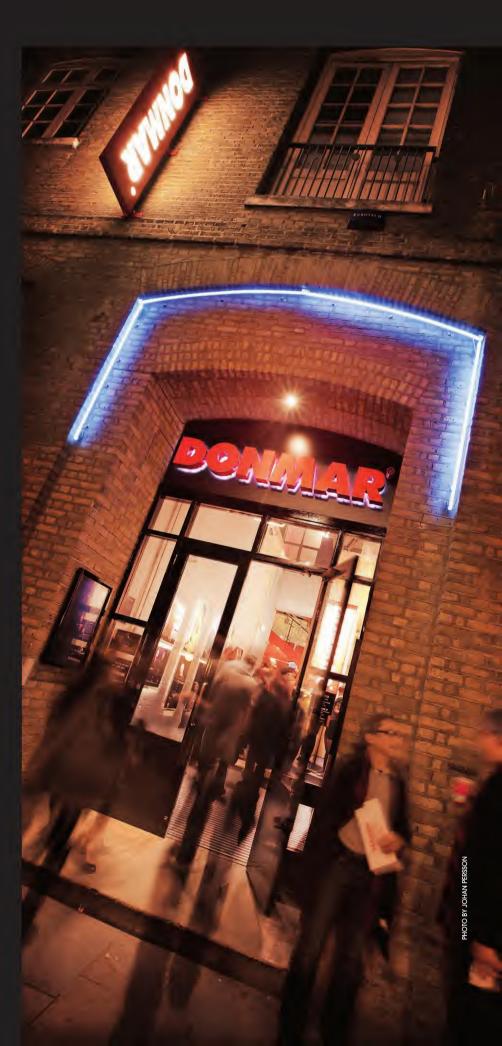
Until it closed a year ago, Found111 was a temporary theatre on Charing Cross Road, the original site of Central St Martin's School of Art. The building was decrepit, the loos a nightmare and the theatre reached via endless stairs, but it had a raw energy that engulfed audience and performers alike. Andrew Scott (Sherlock) and David Downton appeared in the claustrophobic but hilarious The Dazzle, and the cast of Barbarians interacted so violently the audience was genuinely afraid. The final production was Sam Shepard's Fool for Love mixing incest, obsessive love and Shepard's signature decline of the American West.

Or take Southwark Playhouse which staged *Grey Gardens*, the scarcely believable and hilarious story of Jackie Kennedy's relatives living in utter squalor on Long Island in the 1940s.

The cast ranged from school children and dancers to veteran actress Sheila Hancock as one of the demented sisters, all accompanied by a band and specially commissioned musical score. Crazily original.

When small scale productions prove a critical success and move to larger theatres, some of the appeal is lost as nuance and subtly defined character are swallowed up in a vast space. But the public like winners as do the backers so it's inevitable.

Both big and small theatres have their appeal, but while one is like stadium rock with U2, the fringe scene is Frank Sinatra in a discreet cocktail bar. I know which I prefer.



INDULGE



HOTO COURTESY OF OSH

FOOD ENVY

We round up the most exciting new gourmet offerings in town

A NEW LOCAL

Chef Henry Harris takes on the site of the Truscott Arms

TASTE OF ÎNDIA

Alexander Larman tries out Indian Accent this month



Fleet SETS SAIL

The man known as the Admiral in food circles, Henry Harris, whets the appetite as he discusses his three new projects

Words ALEXANDER LARMAN

nyone who's interested in Anglo-French cooking should have heard of Henry Harris who, as chef-proprietor of Knightsbridge's legendary Racine restaurant, did more to educate London's diners about bourgeois French dishes than virtually any other of his contemporaries.

Closing Racine in 2015 on the grounds that the disappearing local market made it hard to run a neighbourhood restaurant, he's certainly been busy since, with consultancies and a stint at the

Groucho Club, but nothing has compared to his new, highly ambitious project: to become chefdirector at no fewer than three pubs, namely The Three Cranes in the City, The Coach in Clerkenwell and The Hero, in Maida Vale.

When we speak, the amiable and entirely engaged Harris is about to start a shift at The Coach, but he's also looking forward to the April opening of the Hero, which has taken on the site of the late, lamented Truscott Arms, famed for its former chef Aidan McGee's unparalleled roasts.











As Harris says: 'We've been given lots of advice of how to approach the menu, especially on a Sunday. I'm meeting the previous owner Andrew Fishwick soon; it was very much a place run by him in his image. So we wanted to move away from that, hence partially the change of name. There's a story that Maida Vale was named after a pub called "The Hero of Maida Vale", and although this seemed unlikely, nobody has proved otherwise. So that's why we're calling it that!'

He shoots around from Maida Vale to Clerkenwell to the City with the élan of a man half his age ('it's really much quicker on a Brompton bike than by public transport or taxi'), energised and excited by his responsibilities in all his establishments. In one interview, he jokingly referred to himself as 'admiral of the fleet' rather than a traditional restaurant

director, and the name has stuck, although he selfdeprecatingly notes that 'I'm more like a character out of a Carry On film than a real naval officer'.

Nor is he trying to run three Racines in disguise. 'I like the informality it brings – pub dining rooms are more bistro than restaurant, and you don't have to have three courses,' he says.

'What I've tried to create is informality. You can eat in the pub part if you want; there's nothing worse, in this context, than walking

> in and every table is laid out with knives and forks. A publican friend came in, and I was slightly nervous, but the first thing he said was "it's

a pub!" so I felt I've done it.'

Nonetheless, he's keenly aware that people have different expectations from pub dining than they do from event-worthy

Pub dining rooms are

more bistro than

restaurant... I've tried

to create informality



restaurants. 'People can complain about the cost of a plate of food in other pubs, and I think that to define pub food by price is the wrong thing,' he says.

'What pub customers want is not necessarily a destination to eat at, but somewhere to drink and socialise. So people come in, including Racine customers, who don't see themselves necessarily as pub diners, but they like the buzzy atmosphere and the informality. Because we don't have to think about starched linen and waistcoats, it's easier to cut costs, but the food is cooked with the same love and attention, and represents better value. A dining

room in the pub should be at the same sort of price as a neighbourhood restaurant.'

A particular challenge he's willing to embrace is Sunday lunch. 'People want roast beef, and it needs to be a well-roasted piece of beef with good vegetables, with fresh, homemade horseradish,' Harris insists. 'I tried it on my family – my fiercest critics – and they enjoyed a Coach Sunday lunch very much. Their main feedback was "Why don't you cook it like this more often?""

One can enjoy a carefully put together wine list ('three months of punishing meetings with wine merchants – I have suffered for my

art') and interesting beers, chosen to suit the menu, and to be enjoyed on their own. Dishes will vary; Maida Vale will be heavier on salads and fish, with the Three Cranes majoring in meat, but a few Racine favourites such as calves' brain and pork rillettes will return. All would be well, then, if it weren't for Brexit's looming impact on the industry.

As Harris puts it: 'I read the paper with dismay and frustration on a daily basis. We've been fed a pup by selfish, arrogant politicians. I've lived in London on and off most of my life, and adore the diversity of the way in which the city has developed. Things are going to be challenging. I have planned my menus around fewer cooks and fewer waiters, because there will be fewer of them available. So we'll see.'

Fingers crossed that all of Harris's establishments prove heroic in overcoming the challenges that they face.





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EAT: INDIAN ACCENT

nother month, another Indian restaurant. It is undeniably true that the trend in London at the moment is for high-end sub-continental restaurants, but what discerning diners should welcome is the combination of comfortable settings (without endless queues, thank God), service that is polite without ever being intrusive and food that tastes auite sublime.

To this list we must now add Mayfair's Indian Accent, an offshoot of a Delhi and New York group that offers the best experience that one might expect with a price that, if hardly a bargain, seems more than reasonable for what will surely be one of the best meals that one would have this year.

A number of critics have already listed the best things about the menu. The amuse-bouche of blue cheese naan with a carrot soup sets out the stall in a way that the stylish but unpretentious room characterises; this is a place to enjoy, as well as impress. And the sense that there is a gentle playfulness continues throughout the courses. The impressive sounding tasting menu was left on one side while we enjoyed the likes of ghee lamb with pancakes (essentially a variant on crispy duck, but better) and wagyu beef with foie gras and langoustines.

If there wasn't a duff savoury course, that is testament to invention and flair working on every level in the kitchens. The wine helped; the sommelier came up with a marvellous Chenin Blanc, and then an equally delicious Rioja.

Skip the puddings – they're not the reason why you're going to dine at Indian Accent. But do indulge in a cocktail, which is, like the things you'll eat, the perfect combination of expected and surprising. Ladies and gentlemen, welcome to the essential dining experience of 2018. And good luck getting a table; you won't be disappointed.

16 Albemarle St, Mayfair W1S 4HW; indianaccent.com

RESIDENT RATING

indian@accent

THE QUICK LIST —

Don't miss out on some of the hot new openings for this month

Learn a new skill at the Biscuiteers Notting Hill icing café. Biscuiteers supply all of the biscuits, icing and expertise as its expert icers teach you all of the techniques Biscuiteers use in its grand icing hall. Tea and coffee is provided, along with a Biscuiteers apron for you to take home.

Biscuiteers Bouquet School of Icina Workshop, 11 March; 11:30am-1:30pm, £78; 194 Kensington Park Road W11 2ES; biscuiteers.com



By way of sharing knowledge,

Club, aimed to deliver from an educational and experiential

point of view on Japanese spirits

Each month, a new spirit will be

introduced with tastings, tips and cocktail-making.

8 Heddon Street W1B 4BU;

sakaguralondon.com

Sakagura plays host to the largest range of Japanese spirits in the UK. Sakagura is introducing The Spirits and crafting the perfect cocktail.

Pie lovers rejoice! London's awardwinning pie pub, Windmill Mayfair, is the perfect place to celebrate British Pie Week on 5-11 March. Three-time winner of the British Pie Awards, The Windmill, is offering a week-long selection of flavourpacked, hand-made pies, perfectly paired with local beers.

6-8 Mill Street, Mayfair W1S 2AZ; windmillmavfair.co.uk



Forget plastic chairs, greasy spoon caffs and dreary interiors, Feast anteen has reinvented the 'canteen' concept and dialled it up a notch. Feast Canteen has taken the unused food court in Hammersmith Kinas Mall and transformed it into a slick canteen

Open seven days a week with communal seating for 350 hungry visitors, it offers lunching, brunching, delivery, feasting and food on the go.

Kings Mall, King Street W6 9HW; feastcanteen.co.uk

Central Asian inspired restaurant and bar Osh brings London's food scene a taste of The Silk Route on 7 March. Indulge in the flavours of Central Asia - the aastronomic intersection between the Middle East and Eastern Europe at new Knightsbridge restaurant and bar. They will offer Central Asian cuisine and Uzbek arill delicacies.

oshrestaurant.com



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DESIGN



SPACE OF DREAMS

We step inside the new palatial rooftop suites at The Berkeley

DEBUT SHOW

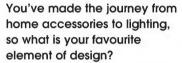
Arteriors founder Mark Moussa tells us about his new store

COLOUR IT IN

How to add a little shade into your home this season



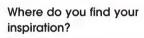




I would say the interplay between material, scale and finish. Finding the perfect balance between those three elements is thrilling – I can't always explain it, but there's a moment when it all comes together and I know it's dead on.

You learnt the trade from your father and you have your family in the business alongside you. What does it mean to you that your children are part of your business?

It certainly is a dream come true! The fact that they're on this journey with me gives me a tremendous amount of pride.



Everywhere! Whether it's travel, fashion or exploring other cultures, I try to keep my senses open and allow myself to absorb inspiration at any moment.

What country do you find the most inspiring and why?

India - hands down. For me, it's not just about the vibrant culture, I try to keep my senses but the people I've met along open and allow myself the way. The to absorb inspiration people of India are kind, creative at any moment

and hard

working, and I'm inspired by their approach to life. It's hard to believe, but I'm still working with many of the same factories I worked with 30 years ago - I truly consider them family. Now, when I travel with my children, I'm often introducing them to second and third generation business owners. To experience that with my children is deeply special.

What has been your most

challenging moment?

My most challenging moment turned out to be a turning point for Arteriors. In 2008, one of our

largest customers parted ways with the brand. We could have retreated, but the team came together with a solution. That afternoon, we decided to reallocate the resources dedicated to that one account to a completely new division: Arteriors Contract. Today, our footprint in the hospitality space is growing at a rapid pace with Arteriors designs in properties all over the world.

What are you most proud of?

Not only has our business grown, but so have many of our customers. The idea that we've been a partner in their success is rewarding.

How do you think the design industry will change in the future?







I think the end consumer will continue to become more and more educated because of the resources they have at their disposal.

What does it mean for you to have a showroom in London?

It has solidified our position as a global player. Over the past three to four years we've invested in securing distribution in over 70 countries. Opening the London showroom was the natural next step in our international expansion and it's a symbol of immense growth for the brand.

What excites you about the



design scene in London?

I love that London is a global city with so many diverse design perspectives. It draws designers and consumers from all over the world looking for the best in design.

Which British designers do you admire and why?

Most of the designers I admire fall in the fashion realm. Sarah Burton for Alexander McQueen, because she was able to capture his unique vision while infusing her own. I also admire what Phoebe Philo did for Celine, catapulting the brand by focusing on quality, minimalist details. As I'm able to spend more time in London, I look forward to establishing relationships with great British interior designers.

How would you describe the Arteriors style?

Very eclectic and well-edited. Pairing classic silhouettes with a dose of edge or glamour to draw a second glance. It's focused on today's look, not in the past or too far in the future.

What is your favourite item or room in your home?

Our library – it's a square room with lacquered bookshelves lining the walls. The shelves hold some of my favourite books and other meaningful treasures. The room invites conversation, but is also the perfect space to sit by yourself with no distractions.

Tell us about your typical day...

I get up around 6am and have an espresso on the way to work out. The morning is the only time I have for myself so I start my day with a little 'me time'. Once I'm at the office, I very rarely sit at my desk. I would say most of my meetings revolve around product development, brand management and forward-thinking initiatives that affect the future of the company. After work, I indulge in a taste of my favourite tequila, Don Julio 1942. For dinner, we love to grill or use the outdoor pizza oven. Many times I literally don't stop until my head hits the pillow!

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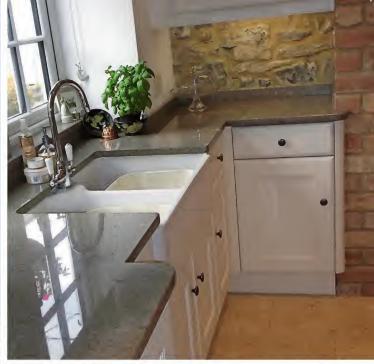
SOAK ITAN

Planning a bathroom makeover?
Be inspired by our round up of the current must-have looks

Story KARA O'REILLY









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MATERIAL GAINS

Modern minimalism meets the ongoing vogue for luxe materials in these slick porcelain-fronted cabinets that come in a range of different vanity basin and storage combinations.

Dogma cabinet combination, £8,640, alternativebathrooms.com



A good soak

Statement-feature freestanding baths now come in a host of styles and shapes, such as this appealing ovoid design from Victoria & Albert Baths, put to good use in this scheme by Otta Design.

Napoli bath, from £2,825, vandabaths.com



TIGHT FIT

Thanks to the clever designers at The Albion Bath Company, you can still have a relaxing soak in even the smallest space, with its Tubby range of shorter, yet indulgently deep, baths. Tubby Torre plinth bath, from £2,448, albionbathco.com



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SILENT NIGHT

With noise pollution increasing in the capital, Silent Windows by Hugo Carter offers bespoke solutions for a tranquil home

Words FAY WATSON

iving in London, it often feels like everything that's needed for family life is right on the doorstep.
World-class schools, fantastic restaurants and all the benefits of city life are within easy distance. But, with all these amazing features, comes the intolerable consequence of noise.

With busy roads and five



major airports across the capital, there is hardly a spot which remains untouched by noise pollution.

One of the most frustrating things about the constant disturbance is the difficulty to relax in your own home, with road noise sometimes restricting chances to even watch the television.

Not only does this have an enormous impact on rest, but the World Health Organisation (WHO) regional office for Europe suggests on their website that noise can to lead to serious health complications, including cardiovascular effects and high stress.

The WHO also estimates that one in five Europeans are exposed to sound levels at night, from traffic and other sources, that can be linked to damaging health.

All of this is less than ideal when you've paid a great deal of money to buy your own personal haven away from the stress of the city. And, while moving to the countryside seems an

appealing option, losing out on the benefits of London and uprooting your family is also a stress in and of its own.

Most people think the only fix to such a problem is double glazing. But the high levels of noise pollution in the capital means that sometimes these are not even an effective enough fix.

Silent Windows by Hugo Carter offer a solution through their soundproofed timber windows, which aim to make a peaceful home for families struggling for a good night's rest around London.

The Chiswick-based company are a leading manufacturer in the UK at offering soundproof sash windows, casement windows and doors, all based around high-auality timber frames.

'It's about being able to improve the quality of living by simply changing the windows and having a nice quiet environment inside,' owner Jacob Figura tells me.

He adds: 'You can't really relax if you live in a very noisy area. Subconsciously you're stressed and that doesn't help your health.'

By using materials typically used to build recording studios at the installation stage, the company offer only the most acoustically effective materials.

Their surveyors, designers and installers have all been trained by experts from the Institute of Acoustics at Southampton Solent University, which means that every member holds soundproofing right at the heart of the practice.

The windows also are made bespoke so the team design them with interior décor in mind and can be stained to any colour needed.

Given their proven record with hotels like the Radisson hotel on Tottenham Court Road at cancelling out central London traffic, it's clear that they're experts at creating the quietest spaces in the noisiest places.

silentwindows.co.uk; 020 3131 4297







Fu was commissioned to redesign the Pavilion Suites at The Berkeley hotel, he was certain he wanted to create something modern. Born in Hong Kong and educated in England from the age of 14, Fu holds a Bachelor of Arts at Cambridge University, and a Masters in Architecture too from the University of Cambridge. He leads each project personally from his airy design studio. The glass pavilions each suite stunning views overlooking

is designed around, with their Belgravia and Knightsbridge, were his starting point.

internationally

architect André

renowned

'I have always been fascinated with the purist quality of the modernist era and the context of working within a glasshouse induces a key balance between the simplicity of the architecture and the essence of comfort within,' he tells me.

'To me, modernism evokes a contemporary approach to the way we live – a notion that I seek to captivate with many of my hospitality works.'

The new suites are part of a larger incline to modernism and contemporary redesign of the classic interiors of the Knightsbridge hotel, after recent renovations of the front entrance, Blue Bar, Collins Room and an extensive new and impressive ballroom.

Working with the 42-year-old interior architect was a natural choice for the hotel given his previous work with them designing their Opus Suite back in 2012. The Hong Kong-based architect has a global reputation for himself and his design studio, AFSO, in the hotel business, notable for his work in the Asian hospitality sector with his work on The Upper House hotel in Hong Kong.

But Fu is also something of an honorary Brit, having studied in England from the age of 14. 'There is no doubt that my upbringing in different cultures has empowered me to respond to different design briefs and to work within very contrasting project contexts - be it London, Kyoto or Provence,' he says.

'To me, responding to a design brief is an extremely organic process and I believe it is informed by my background, my travel experiences, as well as the conversations that I am privileged enough to partake with key artists and designers.'

Fu and his team brought all this experience to create the unique and individual ambience of the two suites at The Berkeley. He says: 'The spirit of the two suites revolve around two very different sensibilities - the Grand Pavilion Suite focuses on the sense of intimacy, whilst the Crescent Pavilion, with the entire glasshouse dedicated to the art of entertainment, is conceived as a singular space.'

The Crescent Pavilion is built around a vast 800 sq ft glasshouse with sliding glass walls, which give a 270-degree view of London. 'It's conceived to reflect the look and feel of a contemporary English home – the

Crescent Pavilion suggests the experience of a private residence surrounded by a lush English

garden,' Fu explains. 'With the focus on generous comfort, the suite is also created as an ideal location for entertaining within.'

Indeed, set within the glasshouse is a dining space suitable for eight guests, a bar decked in precious quartzite aqua marble and stained oak partitions - all of which convey Fu's signature style of elegant luxury.

In comparison, the two

bedroom Grand Pavilion suite has been designed more as an urban escape for guests in the heart of the city. The master bedroom features three-sided full-height glazing to allow guests to wake up with wonderful views of London and Belgravia at their feet. The living room is also surrounded by floor-to-ceiling glazing, offset by burgundy, pale emerald and grey furniture.

It's the outdoor terrace of this suite which is Fu's favourite design element, thanks to interesting features like an openfire pit in its outdoor seating area.

He explains: 'An open-fire pit is brought in to serve as the focal point of the experience, contrasted with a series of rustic stone plinths that sets the base for an extensive lounge,' he explains.

'The landscape is also distinctly sculptural and pure to evoke a sense of understated calmness,' he adds, a point that is clear to see in the final designs.

Another of Fu's intricate design pieces is the selection of antique brass lighting pendants in the suite. 'The series of lighting within the Grand Pavilion is inspired by the traditional streetlamps – again to explore the notion of nostalgia within the visual narrative,' he says.

For Fu, the design was not

The landscape is also

distinctly sculptural

and pure to evoke a

sense of calmness

without its challenges given the need to create suites that worked with the existing décor and building of the hotel.

But the stunning results mark a new era in the design of the iconic hotel with its rebranding as a space known for its innovative and contemporary luxury. We absolutely cannot wait to see what's next in store for this iconic part of Knightsbridge. T

The Berkeley, Wilton Place, Knightsbridge SW1X 7RL; the-berkeley.co.uk





SHADES

Dulux and Pantone have named their colours of the year: Heartwood, a muted blush pink, and Ultra violet, a rich purple. Here's a taster of what's to come...





Think pink

1. AYTM Circum wall mirror, £155, amara.com 2. PH5 mini light in Hues of Rose by Poul Henningsen for Louis Poulsen, £444, aram.co.uk 3. TS80 coffee table by Gam Fratesi for Gubi, from £1,024, aram.co.uk 4. Luxury Tibetan sheepskin rug in Rosa pink, £136, audenza.com 5. Star by Julien McDonald coaster, £19 for set of 4, debenhams.com 6. B&O Play S3 speaker, £139, beoplay.com 7. Zing striped vase, £35, habitat.com 8. AJ5 Major sofa by &Tradition, £4,999, houseology.com 9. Turino chair, £499, livingitup.co.uk 10. Plant box by Ferm Living, £179, nest.co.uk 11. Delia throw in Blush, £29, perchandparrow.com 12. Louis armchair in Mottram Meadow Pink Grapefruit by Zoe Glencross, £1,340 sofa.com 13. Bloom small rectangle tray in Rose, £29.95, torimurphy.com 14. Ventura table lamp in Dusky Pink, £180, rockettstgeorge.co.uk



LOOK TWO

Purple reigns

AJ table lamp by Arne Jacobsen for Louis Poulsen, £635, aram.co.uk
 Jars Poeme purple and white dinner plate, £24, amara.com
 Ameixa objet bowl, £35, habitat.co.uk
 Beak carafe, £71, nudeglass.com
 After Matisse Purple rug, from £550, sonyawinner.com
 Georgette round footstool in Plum smart velvet, £710, sofa.com
 Colour Block silk cotton cushion, £99, heals.com
 Ankara table by Matiere Grise, £719, madeindesign.com
 Lambswool throw in Milan Heather, £90, brontebymoon.co.uk





The bastion of British cuisine presents a new seasonal Sunday Roast lunch menu reviving many Rib Room favourites and classic grills. You will also enjoy a complimentary Red Snapper cocktail hand made at your table for added indulgence.

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HOMES INSIDER

The latest in interiors by Kara O'Reilly



Power and glory

Battersea Power Station's silhouette has been an iconic part of the London skyline seemingly forever.

Now the company behind the station's new lease of life has collected together the many Power Station-inspired pieces designed over the years – from Susan Bradley's bookends to Snowden Flood's ceramics – and is selling them all in the Battersea Power Station Design Store.

21-22 Circus West Village SW11 8EZ; Open Thurs-Sun, 12pm-6pm; batterseapowerstation.co.uk

HOT OFF THE PRESS

Making a move

Tom Dixon, one of our best-known designers, is moving his HQ to the King's Cross design area this month. Taking over the restored Victorian Coal Office by Regent's Canal, part of the new Coal Drop's Yard retail quarter opening in the autumn, Dixon's share of the complex will include a shop, office, restaurant and café. It promises to be an exciting destination, as Dixon explains: 'We will use this incredible location as a platform to broadcast our latest ideas in interior design, product innovation and experiments in food, functionality and future living.

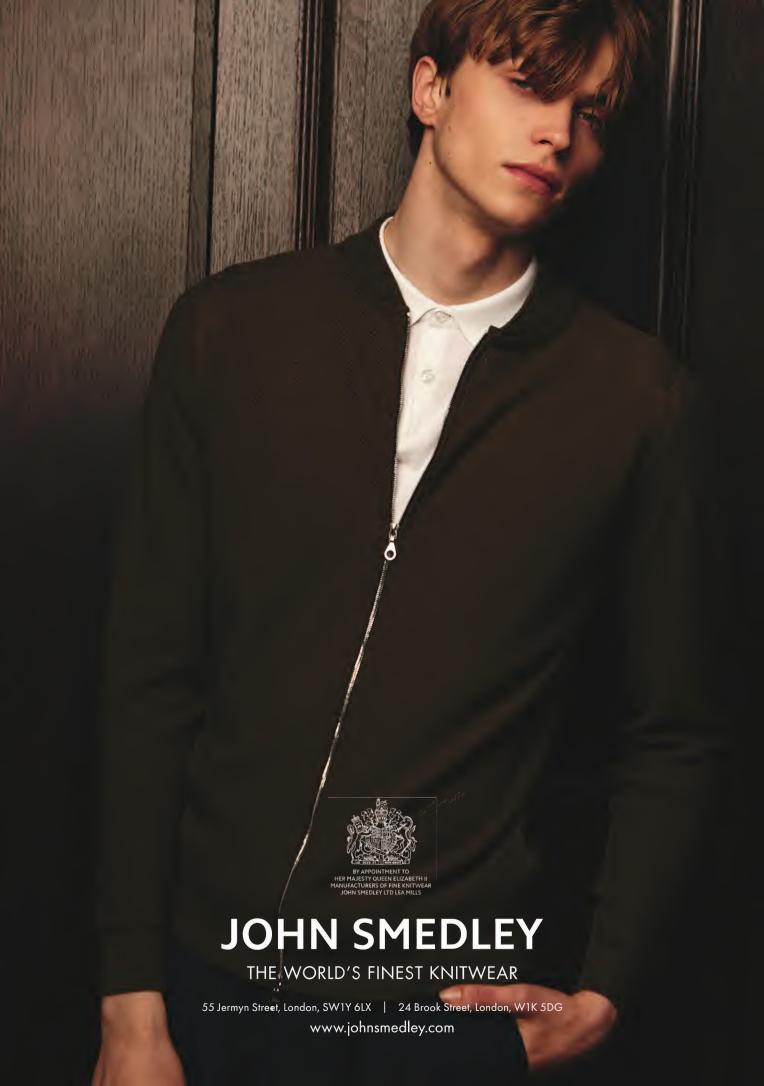
The Coal Offices, Granary Square, King's Cross N1C; tomdixon.net











LIFESTYLE



HOTO BY MAX BARNETI

FLORAL FEVER

A beautiful new flower shop has landed in Notting Hill

MOTHER'S

Learn all about hats from Katherine Elizabeth Millinery

ITALIAN **ESCAPE**

Travel to a beautiful part of Europe with Rachel Mantock



hilst the art of millinery was once relegated to weddings and horse racing, the rise of young royals sporting hats and fascinators has seen its popularity climb in recent years. When I sit down to talk to award-winning hat designer Katherine Elizabeth about her latest work and upcoming events, it's clear that 2018 is a great time to be a milliner.

'It helps with the royal family. Kate Middleton coming along and wearing hats, that really woke everyone up and I thought we can still do that,' she tells me.

'When I first started there were people, but there weren't so many. They had a bit of a lull, but it's getting better with more and more people. In London, people want to be different and wear more crazy things, which is good for me.'

While we talk in her riverfront boutique in Oxo Tower Wharf, it's obvious she's not the only one of this opinion with numerous passers by unable to resist peering in at her beautiful collection.

Elizabeth started her business,

Katherine Elizabeth Millinery, ten years ago, in which time she's worked with designers like Jasper Garvida and designed iconic hats for celebrities including Lily Allen and Dita Von Teese.

Her next venture is a special Mother's Day event at The Wellesley Knightsbridge to celebrate London Hat Week. The workshop on Thursday 15 March gives mothers and daughters the chance to make their own headpieces together, whether for a wedding or Ascot, but all under her expert guidance.

'We're going to be helping ladies create hats and we're going to have afternoon tea. I will come along to talk to them about hat etiquette, the history of hats, and what hat would suit their shape face,' she tells me. 'It's a really nice thing for mother and daughter to do together.'

Elizabeth will also be on hand to impart her wisdom about all the latest trends this spring. While we're in her boutique and studio, she gives me a peek at some of the creations she's been working on this season, full of light pinks, soft blues and floral designs. However, she's also added silvers and sparkles to give them a futuristic edge, which she tells me will be popular this season.

Spring is also her favourite time of year for designing and creating her work as it builds up to one of the biggest events in the millinery calendar – Ascot.

'I love Ascot because people

want crazy hats and so that's my favourite time because I can really go for it,' she enthuses.

I've sent one to Meghan

Markle and then I just

want to send some more

until she wears one

But 2018 is

sure to be an extra special year for millinery with Prince Harry's and Meghan Markle's wedding also taking place this May. As with the wedding of the Duke and Duchess of Cambridge in 2011, Elizabeth hopes it will bring hats right back into the spotlight.

And while last time she designed Kate Middleton's hat on the commemorative engagement doll, she has even higher ambitions this time around.

'I really want to get a hat on somebody's head that's going to that wedding this year. That's my mission,' she jokes. 'I've sent one to Meghan Markle and then I just want to send some more until she wears one.'

Most of her clients are commissions for special events, but she says that having a physical shop also gives her the chance to make the kind of designs she loves. 'I love that people can just walk in and buy so now I can make something that I really love and just put it out rather than have to think of something that the clients are going to want.'

Her favourite designs to create are sculptural pieces with feathers and influences of modernism,

> saying she draws her inspiration from everywhere from growing up in the countryside of Somerset to

the Tate Modern.

It was the realisation that hats are not only for weddings, but can also be interesting pieces of design to express your personality that really drew Elizabeth to building up her business when she was in

her last year of studying at Surrey Institute of Art and Design.

'I realised it's not just something to keep you warm, it's a sculpture to put on your head to make you feel more confident, stand taller and look more beautiful,' she enthuses. 'If there's something in your face you don't like, you can hide that.'

And, as Elizabeth perhaps rightly tells me: 'Everybody looks prettier in a hat!'

Mother's Day Millinery at The Wellesley Knightsbridge costs £120pp and places can be booked and secured by calling 020 7235 3535 or by visiting thewellesley.co.uk; katherineelizabethhats.com





BOUQUETS OF STYLE

With entrepreneur Wei Yue's new florist in full bloom in Notting Hill, he tells us all about how the runway inspired him to start the business

Words FAY WATSON



or entrepreneur Wei Yue, fashion and flowers have always had a symbiotic relationship in inspiring his work. So when a shop space underneath his stylist and retail business in Ladbroke Grove became empty, he saw it as an opportunity to bring together his two loves.

The result is Front Row Florist, a luxury flower shop that opened its doors last year. Here, Yue works with skilled florists to help translate his years of fashion experience and ideas into high quality bouquets.

When I speak to Yue in his shop filled with fresh flowers, the smell and colours are overwhelmingly beautiful. It's clear to see why floristry is such an inspiration to him. 'The main concept of opening the shop and doing our specific

bouquets is that we wanted to combine fashion and the flower business,' he tells me. 'We can put them together and play around.'

This is something the florists pride themselves on through sourcing unique arrangements both from New Covent Garden Flower Market and a supplier in the Netherlands, to provide above and beyond what you'd find in your local corner shop.

As their name suggests, the team are also constantly looking at the 'front row' for inspiration. 'We can get some ideas from very famous designers to do the shape, or even do the pattern and the colours. We can borrow from them and bring them to

the flowers,' Yue says.

'With bouquets now, you have a certain classic [design], which is probably quite similar in every shop, but I think we're going to try and do something more special and unique for all the seasons.'

This original approach requires Yue to keep on the cutting edge of fashion campaigns and runway styles. 'Fashion changes quickly. Now, it's not like before, it's younger, it's more cool in style,' he tells me. 'Even in summer it used to be bright colours and fresh, but I think now the shape is more important than the colours for young people. So, we're going to do more to play around with the shape and layout of the flowers.'

The team are hoping that their unique style will help them build

up their roster of regulars in Notting Hill and beyond. Yue himself grew up in China in a city called Wuhan before leaving

for Beijing to study graphic design.

Nine years ago he moved to the UK to complete a master's degree in graphic design at Kingston University. It was after this that he set up his first fashion business, GW Global, which offers personal shopping and stylist services to its clients as well as working with designers to sell their clothes.

Now at just 30 years of age and in charge of two companies, the entrepreneur has had a lot of success at a young age. 'I'm very lucky that I can make my interests



into a business,' he tells me. 'This has made me enjoy my working everyday. You have to know how to manage your time and you have to make yourself enjoy work even when you're working 18-20 hours a week.'

It helps that his partner, Stefan, loves flowers just as much as he does and was one of the inspirations for him opening the shop. Stefan, who he lives with in Kensington, is an architect and even helped with the design of the shop. Decorated simply with rustic wooden tables, shelves and a ladder to display the flowers, the store is a perfect example of the work his team does at dressing spaces with flower arrangements. And, given that one of his senior florists, Orlando Hamilton, has experience working on flower arrangements for icons including Madonna and Sir Elton John, you can be sure the designs are luxurious.

So what's next for the entrepreneur? When I ask if he has any more companies in the pipeline, he smiles. 'For now I think the fashion business and the flower business are enough for me.' Seeing the beautiful work Front Row Florist is doing, I think so too.

As I spoke to Yue, his team put their ideas into practice, making me a bouquet to match my pink jumper, full of pastel roses and tulips. And, given the amount of compliments the flowers received on the journey back to the office, you'll do well to get along to Front Row Florist and see what the fuss is about.

Grand Union Studios, 332 Ladbroke Grove W10 5AD; frontrowflorist.com



We're going to try

and do something

more special and

unique for all seasons







3 of the best

BLUE SUEDE SHOES



THE SPRING FROCK

Spring has sprung so it's time to get a whole new wardrobe. The dress is crucial to this and whether you choose a mini, midi or a maxi, the one thing it should be is floral. Wear now with ankle boots, or pale tights and Mary-Janes, and as the weather hots up pair with a flat sandal and straw hat.

Betly and Co dress, £80, betlybarclay.com



Don't wait until high summer to invest in a pair of sunnies. You'll be able to instantly update your look with the new designs dropping now by uber fashionable brand, Lenz. The 2018 series, designed and created in Italy, features the Lenz Lucia, a keen new take on the label's iconic shapes. retrosuperfuture.com



Fashion gets fun

It's time to exhibit your playful side this season with a witty take on fashion. You may think bold colours and cartoon-ish designs are the go-to details reserved for children's TV presenters, but you are wrong because they're having a moment. How could you resist this sweater by edgy German label Iphoria that is not only adorned with this cute heart face, but is fashionably striped too?

\$316.90, iphoria.com

GO WILD

Looking for the dress that will take you anywhere this spring? This may just be THE ONE. It's leopard print with a twist, which is right on trend, and it's the perfect shape for showing off your curves. Dress it up for parties with heels and statement earrings, and down for holidays with flat sandals and a straw hat. It's so versatile that it more than justifies its £590 price tag. shop.lenahoschek.com





NEW ENTRY

Cotton Citizen launched in February in Selfridges and are driven by a passion for craftsmanship, timeless design and unique colour stories. It's the go-to brand for many celebrities, such as Selena Gomez. selfridges.com



LAMYLAND

A project by artist, creative director, producer and mentor Michèle Lamy turns the traditions of new-year-new-you retail concept on its head. Mental and physical strength meets creative exploration in the boxing ring. selfridges.com



HOTO BY JON CRAIG PHOTOGRAPH'

LIFETIME OF RESULTS

UK consultant, Dr Sally Norton shares her expert tips and advice on how to achieve long-term weight-loss success

ith 15 years' experience as an NHS consultant and weight-loss expert, Dr. Sally Norton has seen thousands of women who have failed to control their weight. Nearly all of them having been on countless diets, over many years, that didn't work.

'The common things I hear time and time again in clinic are that patients are confused by all the conflicting information - they're lured into thinking there is a quick fix for weight loss and have fallen prev to every new 'wonder-diet' or 'super-pill' out there,' Norton explains. If this sounds like you,

vou're not alone. Two-thirds of the UK are overweight, despite decades of paying into the diet industry. So either Britons are all doing something wrong, or we need to find a new approach that actually works.

'After years researching the science, I have found a simple, six-step approach to healthy, long-term weight loss that works. It doesn't rely on willpower, which is doomed to failure and it doesn't mean living your life controlled by food or being a slave to the gym. That will last a week or two at most, leaving you in despair about your weight again,' says Norton.

Instead, her bespoke,

12-week coaching programme for women centres around one-to-one online sessions, looking at all lifestyle aspects to find the key, science-based steps you can take to help reagin control over your weight - for good. 'I provide support and tools, from eating or exercise plans to hormone advice

and sleep tips -lam passionate about helping women lose weight for good, so that they can start living their life again!'



READER OFFER

Dr. Sally Norton is offering a limited number of free telephone consultations this month, to help female readers understand their weight-loss issues. Just email contact@ sixstepstoweightloss.com quoting code 'The Resident March' to arrange a convenient time to chat. sixstepstoweightloss.com

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www.thenakedpharmacy.com or call us on 01483685630



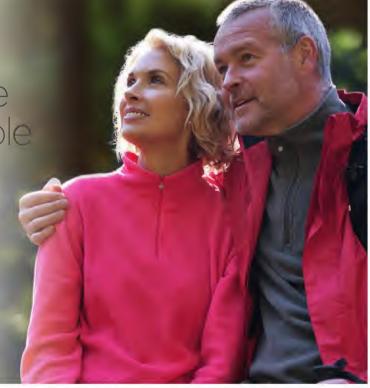
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BOUNCE

Aveda Invati Advanced is a newly developed three step system that not only cleanses hair, but helps to bring the bounce back to damaged follicles. The latest formula has been developed with even more advanced technology and performance such as the problem of thinning hair, which can occur as we age, or after having a baby. The three-step programme helps to prevent hair loss due to breakage.

Aveda Invati Advanced
Exfoliating Shampoo, \$25,
Aveda Invati Advanced
Thickening Conditioner, \$27,
Aveda Invati Advanced
Scalp Revitalizer, \$47,
aveda.co.uk





Brighten up your look

One way to face up to early spring is with a new lipstick. But this isn't any old lippy: it has properties that will not only perfect your pout, but have long lasting benefits. Clarins' Instant Light Lip Balm Perfector, £18.50, naturally illuminates lips with a wash of sheer colour. These luscious, ultra-absorbent balms are rich in active plant ingredients with nourishing mango and shea to leave lips soft all day long and vitamin E to protect against free radicals.

MOTHER'S DAY TREATS

These new products, fresh to the London market, are perfect for helping mum to de-stress and relax for her special day this month.





Elemental Herbology, £28, elemental herbology.com

Neighbourhood Botanicals, £28, neighbourhoodbotanicals.com



ROSY GLOW

Inspired by a springtime garden in Sicily, the new Dolce Garden Make up collection leads us to admire the innate beauty of fresh roses in full bloom and is launching this month in Harrods.

harrods.com

3 of the best HIGHLIGHTERS



Chantecaille's Liquid Lumière in Sheen, £33, chantecaille.com Limited Edition, Extra Glow Skincare Palette, £34, bobbibrown.com Fenty Beauty Killawatt Freestyle highlighter in Trophy Wife, £26, fentybeauty.com

THREE HANDER

It is so important to lavish hands with TLC, which is why we will be investing in this gorgeous Jo Malone London Hand Cream Trio. It's a collection of luxurious creams infused with the brand's most loved fragrances – tantalising Lime Basil & Mandarin, sensual Peony & Blush Suede and luscious English Pear & Freesia. Perfect combinations.

£44, jomalone.co.uk



HIT THE WINE TRAIL IN PROSECCO

Join the popular wine expert Susy Atkins for an exclusive tour of some of Prosecco's finest wineries, plus extend your trip in Venice

ipping a glass of chilled Prosecco and admiring a beautiful Italian view are two of life's great pleasures. So why not combine them both on a unique and exclusive holiday to Prosecco with a fantastic expert as your guide. You will enjoy private, behind-the-scenes tours and tastings at some of Prosecco's most prestigious wineries — all in the company of Susy Atkins, one of

Britain's most popular wine writers and broadcasters, and in the experienced hands of our travel partner Arblaster & Clarke, the world's leading experts in wine tours.

On this irresistible three-day tour of Prosecco you will fly in and out of Venice – and should you wish to extend your trip, we have organised a special optional extension for you to discover more of this truly unforgettable city.





YOUR ITALIAN ITINERARY

Superiorae Cartizze

THURS 4TH OCTOBER Arrive in Italy

After flying from London to Venice, you will be transferred to your hotel for the next two nights, the Hotel Astoria, which is perfectly located near to the fantastic wineries we will be visiting. Your Prosecco adventure starts this afternoon with an introductory tasting and informative Q&A hosted by the celebrated wine writer and broadcaster Susy Atkins.

FRI 5TH OCTOBER Discover Prosecco

Today, accompanied by Atkins throughout, you will enjoy private behind-the-scenes tours and tastings at three of the region's finest and most fascinating wineries. First, you will visit Villa Sandi, which dates back to 1622. Owned by the Moretti Polegato family, the Villa produces a dazzling range of Prosecco, from their II Freso Rosé to the exceptional DOCG

La Rivetta. Next you will explore the historic Conte Collalto winery, which is set within the village of Susegana and overlooked by Castello San Salvatore, one of the oldest castles in northern Italy. Your day of wonderful Italian wines and scenery continues with a tasting at the Carpenè Malvoti winery in Conegliano, where your private tour will take you from the winery's original

Grappa cellar all the way to its state-of-the art museum. Known as the 'fathers of Prosecco', Antonio Carpenè and Angelo Malvolti were pioneers of the Charmat method of producing Italian sparkling wines. This evening you are free to explore the nearby town of Conegliano, or you can join the Arblaster & Clarke team for dinner.

SAT 6TH OCTOBER **Bortolomiol lunch** After a morning tasting at the private agriturismo of an organic Prosecco producer and a walk to enjoy the fabulous panoramic views of the Cartizze hills, we will drive along the famous Strada di Prosecco. Our next stop is the beautiful hillside town of Valdobbiadene. After a stroll from the main square and its 17th-century bell tower through the leafy Parco della Filandetta, we will arrive at the celebrated Bortolomiol winery to enjoy a superb tasting and lunch.



What's included

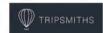
All accommodation + Return flights from London to Venice, all transfers and taxes + Exclusive tutored tasting, Q&A and winery tours with special guest Susy Atkins + Private behind-the-scenes tours and tastings at some of Prosecco's finest wineries, plus lunch at Bortolomiol + Services of an Arblaster & Clarke tour manager.

THE DATES: 4th-6th October, 2018 THE PRICE: From £999pp*

*Based on two sharing, subject to availability. Single supplement: £100. Our tour partner Arblaster & Clarke is ABTA bonded and a member of AITO. This holiday is ATOL protected. For full Ts&Cs visit: archant.tripsmiths.com/prosecco

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ABOUT OUR TRAVEL PARTNERS



Tripsmiths partners with the world's leading tour operators and media brands to deliver exclusive travel experiences.



Arblaster & Clarke offer high-quality escorted tours to almost 30 countries. They are the world's leading wine tours experts and provide wine holiday experiences that ao beyond the ordinary. www.arblasterandclarke.com

EXTEND YOUR HOLIDAY

If, after this wonderful three-day tour of Prosecco with Atkins, you would like to spend a few extra days in Venice to explore its magnificent canals, churches and restaurants, our travel partner Arblaster & Clarke would be happy to arrange to extend your holiday.

To find out more about an optional holiday extension in Venice, call Arblaster & Clarke on 01730 297 923

YOUR SPECIAL GUEST



SUSY ATKINS

Susy Atkins is one of the UK's most popular, passionate and highly respected wine experts. An awardwinning broadcaster, journalist and author, she has travelled the world writing, tasting and educating on wine for more than 25 years. Atkin's credits include being a wine expert and presenter on BBC1's Saturday Kitchen, the resident wine expert on Channel 4's Richard & Judy, a regular contributor to Radio 4 and the author of 11 popular books, including Wine Wisdom, How to Choose Wine and How to Make Your Own Drinks.



All rocky cliffs, hillsides and the type of relaxation technology you didn't even know existed yet – melt your stresses away in Italy's Naturno

Words RACHEL MANTOCK

yrol is a region that
encompasses both Austria
and Italy, with its eastern
and northern parts
belonging to the former and its
southern area belonging to the
latter. That's why once you are up
and about, taking in the greenery
and huge cliff structures and
settling into local life, you can't
quite place the area of Naturno —
it's so different to the idea of Italy
that first springs to mind, a feeling
that is only enhanced once you

realise that most of the local residents speak German.

The magic of a place that tows the line between two different cultures – somehow managing to fuse them together to create something truly authentic – is something that you have to experience first-hand. Naturnians live differently, and arguably they live better. Hiking, biking and long walks is something most of them will do daily, while an over indulgent diet is something that

just doesn't appeal to them. They are not trying to be healthy, it's almost as if they just are, because it's their way of life.

This organic, holistic way of living is something that the Preidlhof Spa Hotel encompasses at its core. It's a spa resort like no other, with some of the most advanced relaxation, health and meditation methods I've ever seen. It's nestled away unobtrusively, almost like Naturno's best kept secret, the type of place you'd have to know about in order to find. The entrance is cleverly placed underground and as we arrived, a group of guests whizzed past us on Vespas, off to explore the local landscape, in true Italian fashion. Once inside, we were met with luxurious deep pinks and fur rugs, a stark contrast to the quaint, historic landscape we'd just driven through. The sumptuous, deep



coloured, all velvets and furs look continued inside our suites, with roomy all-glass showers in the middle and beds so plush I considered just sleeping the entire trip. All of this was topped off by the heated wood balcony, complete with a day bed that allows you to lounge and take in the hilly panorama before you in your own time. It became my favourite chill out spot in the entire hotel.

The Preidlhof Spa Hotel has one of the largest sauna towers in Europe – each floor purpose built to make sure you leave feeling even more relaxed than you did on the floor underneath. It's almost like some sort of Narnia where the ultimate goal is complete and utter peacefulness from the steam rooms clad in pink sea salt block tiles to the mint experience showers, infinity style pools and my personal favourite – the 'Deep Sea Relaxation Room'.

If I could have taken that room home with me, trust me I would have. I firmly believe that one is needed in every office complex. A pitch black, glass cube with tiny round lights embedded into each wall, the room aims to relax you by tapping into your subconscious and senses. Once you've selected one of two programmes, soothing music begins to play as the lights almost dance in and out of different patterns. A member of staff told us it was meant to mimic the experience of looking at clouds, but in a heightened sort of way.

You'd be mad not to book in with one of the Preidlhof's masseuses during your stay, as they'll click, lock and massage you





into a better version of yourself in no time. Their methods are slightly unorthodox, but as long as you remain open minded and just go with it, you'll leave feeling like you just had a Sleeping Beauty level of rest.

Proper sauna etiquette – at least the Austrian way - means you enter completely commando, with nothing but a towel if you really must. Across Europe it's almost just common practice to sauna this way, and unsurprisingly it's mostly the more reserved British that find it hardest to adapt to this European way of 'truly embracing the spa way'. Yet once you take the plunge, you'll wonder why you ever had reservations about it in the first place, because nothing is as refreshing as running through a series of mint infused experience showers stark naked.

A speedy walk up and back down the surrounding hilltops and mountains will have you wishing this sort of landscape was at your fingertips every day of the week, because while it's difficult and almost scary at certain points, once you are at the top, you feel a great sense of achievement. With the stresses of January in your rear-view mirror, what better time to visit a place that was purpose built to leave you feeling like yourself but the 2.0 version, as if you'd just taken a Limitless pill. Nothing can beat strolling around in a spa robe in between massages before finally falling asleep on your heated balcony – take self-care to the next level, you've earnt it.

the day in this idvilic

part of the world

TRIP NOTES

Seven nights start from €1,048 per person based on two sharing a luxury suite, on a full board basis. Rates also include a host of activities such as a full schedule of exercise & wellbeing classes, access to six floors dedicated to sauna experiences, daily guided hikes and bike rides. Guests can also

make use of complimentary
DolceVita Vespas and quad bikes to
explore further afield. The hotel offers
a free shuttle service from Naturns
Train Station and transfers can be
arranged from Innsbruck and Verona
International Airports.

For more information, visit preidlhof.it/en



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THE TWIN TRIP

If you love to experience more than one thing on a long weekend in Cornwall, then the Carbis Bay Estate is the place for you

Words BETHAN ANDREWS

very nook and crannie of the Carbis Bay Estate in St. Ives has the ability to put a smile on your face, from the grand piano playing in the conservatory overlooking the ocean and the food, to the incredible outdoor spa facilities and the beautiful bedrooms.

Set within 125 acres, the Estate encompasses a luxury hotel, self-catering properties, privately owned 25 acre Blue Flag beach, two restaurants, spa facilities and much more. Having spent the day exploring St. Ives, our bedroom with sea views and the comfiest bed going was a welcome sight. It would be easy to spend a lot of time in the luxurious rooms, but there is so much to take in here it would be a shame to miss out.

The C Bay Spa is simply beautiful, with a heated pool overlooking the bay, hydrotherapy hot tub and sauna pods. It was presented with three awards in the Cornwall Tourism Awards 2016/17 - the Gold award for Spa and Wellbeing Experience and two Silver awards too.

I would highly recommend indulging in the Head in the Clouds treatment, a cleansing, clearing and decongesting upper body treatment. However, unlike many other hotel spas – where it often feels somewhat like a very expensive add-on –



there is plenty on offer here without a treatment to leave you feeling serene. Our first afternoon was spent here, whiling away the hours and gazing out at the view.

at the Beach Club, where your proximity to the water is something quite special. The food is incredible too, especially for those wanting something a little different to the usual hotel à la carte offerings.

As we moved over into the newer offering from the Carbis Bay Estate in the form of The Gannet Inn for our final night, we were pleasantly surprised by the change in tone to a warm and cosy vibe - it was lovely, once all revitalised by the spa and

the luxury, to end our stay with the contrast and down-to-earth comfort of this hotel. Designed to be a relaxing, stylish place to enjoy good food and a welcoming atmosphere, The Gannet We were fortunate enough to dine has quirky interiors with all the style and finesse of a boutique hotel.

> They've got the relaxed sense just right here and it was a lovely place to spend our last night, cosied up in the chocolate box bedrooms. The food is second to none too, and our indulgent feast of Beef Wellington went down a treat. This truly is a special place, and we left feeling romantic, revitalised and calm - I would go so far as to say that it is a must-visit.

carbisbayhotel.co.uk

family AFFAIR

As the new Maggie & Rose lands in Kensington, founder Maggie Bolger tells us how to use make-believe and role play to help your children's early learning

Words MAGGIE BOLGER

avigating the minefield of choosing the right nursery school for your child can be overwhelming at times - as a mum of four myself, I know! When I had my kids, I realised that as adults, we'd forgotten how to play and use our imaginations for make believe. All my kids ever wanted me to do was dress up and play make believe with them!

I'm a huge believer in the power of imagination and allowing our children to think independently. It's at the heart of Maggie & Rose and has led to the development of our own 'Make & Make Believe' concept. The idea for Make Believe at Maggie & Rose came from my own children. I noticed how this sort of play allowed my children to be creative, how it made them interact more imaginatively with the world around



Maggie Bolger





them and develop key social and emotional skills. I spent so much of my time finding new ways to get my little ones learning through play. I found that beyond being fun, pretending and imaginative play are also believed to be a crucial part of healthy childhood development. It helps children learn how to interact with and understand others, helps them to be more creative and develop independent thinking skills, which in turn helps build confidence in our little ones.

Our Make & Make Believe class has now become one of our signature classes at Maggie & Rose. We get huge amounts of positive feedback on the Make & Make Believe class as it's a wonderful way of getting your little one to learn in a really engaging and interactive way. It is also a great way for parents to leave behind the daily stresses of life and tap into their inner child too!

Here are my top tips for making your make-believe or role-play successful at home.

Theme it: Those periods in life when your little one is totally obsessed with something means it's very hard getting them to focus on anything else. My youngest, Ollie, is obsessed with dinosaurs right now — but this is great for building activities around. If you know your child is preoccupied with one theme and you incorporate this into your activities, you know they'll be engaged and won't have a problem focusing. I love using dinosaurs in our M&MB classes as a way to discover movement and develop motor skills. Your theme can be as adventurous as you like, from exploring nature to imaginative superheroes!

Blend spontaneity with structure: Some of the best make believe happens when children drive the play. Allow them to make important creative decisions and let the land of make believe boost their brains! Remember that make believe and role play aren't just about the

imagination and creativity. It's about creating logical concepts and learning through positive associations and reinforcements.

If you want to use make believe to help your children develop then adding a bit of structure into the play will allow your kids to reap the benefits. You can structure the play around key developmental goals for your little one. Whether it's building self-esteem, encouraging creativity, learning literacy and numeracy, physical development, understanding the world, social and emotional development or even problem solving and decision making; there's always a key skill that you can encourage!

It's not just for the next generation of Bafta winners: Get everyone involved! There's always been a misconception that drama-based classes are only great for kids who seem to be innately confident. I couldn't disagree more! It is often the most reserved of children who benefit the most as it gives them the opportunity to come out of themselves in an informal, fun and inspiring environment.

Inspire creativity: Lead by example by getting involved with your children and showing them how to use their imagination whilst playing. If you're involved in the

> activity with them, they feel inspired, gain the confidence to explore and they trust the process because you're doing it too. It's always

great being involved with them as you get to share wonderful experiences and build beautiful memories together!

Maggie & Rose have just opened a new stand-alone nursery next door to their Kensington club; 58-62 Pembroke Road, Kensington, W8 6NX; maggieandrose.com



Some of the best

make believe happens

when children drive

the play



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PROPERTY



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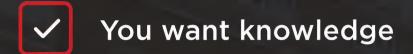
The Prime Central London developments touched with greatness

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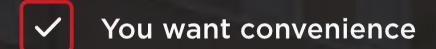
Inside an apartment with links to the Pre-Raphaelite movement

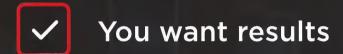
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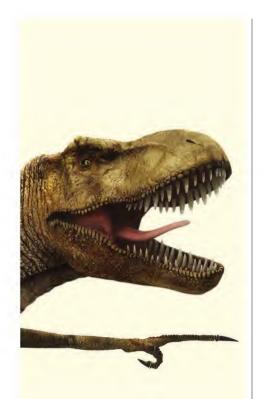
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Whether you're buying, selling, renting or letting, head for our new South Kensington office at 90 Old Brompton Road.
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Queen's Gate Gardens, Kensington, SW7 Guide Price \$2.1m

ofthe

month

Queen's Gate Gardens is a stylishly appointed, modern, lateral garden apartment with great proportions (1,821 sq. ft.). It has recently been refurbished to a high standard and comprises three double bedrooms and three en-suites; with the added benefit of two courtyard gardens, a conservatory, a large eat in kitchen and a 27.6ft reception room. Queen's Gate Gardens is listed as a principle terrace featuring grand stucco fronted properties dating back to the mid-19th century, which give the Queen's Gate Conservation its distinctive character. The garden apartment has private access via its own front door and is located approximately 700m from Hyde Park and has access to a communal garden square - Queen's Gate Gardens, an historical Victorian square. The property is also well located for the shopping and transport amenities of both Gloucester Road and South Kensington Tube stations.

Tenure: Share of Freehold. For more information contact Humberts Mayfair on 020 3284 1888

PROPERTY NEWS

An eclectic mix of homes on the market now



Life of the Damned

ay & Co is proud to be marketing Hallam Street, a top floor apartment in Rossetti House, the former birth place of the famous and damned Poet and Painter Dante Gabriel Rossetti, known for his work which is on display at The Tate Britain. The apartment, which is available to rent, is situated on Hallam Street, Fiztrovia, W1 in the heart of London, moments from the green open spaces of Regent's Park. Hallam Street offers 825 sq ft of living space. This bright, airy, unfurnished top floor apartment benefits from lift access from the ground floor and features a spacious reception / dining room, modern kitchen with mod cons, two double bedrooms and contemporary family bathroom.

Hallam Street is priced at £715 per week. For further information contact Kay & Co on 020 7486 6338 or visit kayandco.com



Period of change

Prominent London property developer Linton Group has completed the first homes at Parker House, Paddington's new residential development. Parker House brings period living to an otherwise modern Paddington and a breath of fresh air to Cuthbert Street. Of the building's 19 new luxury homes, four are now complete and occupied, with seven homes still available to buy. Designed by Clive Sall Architecture, Parker House comprises a



combination of one and two bedroom apartments. Sleek modern interiors have brought the apartments into the 21st century, whilst retaining the building's unique period charm with a brick façade, dormer roof and timber sash windows. Many of Parker House's residents will also enjoy private access to outdoor space, from ground floor courtyards to balconies and terraces. The properties range in size from 436 to 1286 sq ft, with all apartments benefitting from ceiling heights of up to 3.4m.

Prices start from £595,000; thelintongroup.co.uk

Set the stage

Having undergone a dramatic transformation with a home staging designer, 25 Whitelands House, Chelsea is a superb three-bedroom (1,959 sq ft) apartment available for sale through JLL for £3,395,000. The apartment became vacant at the end of October after the tenants left taking all the furniture. With potential buyers unable to appreciate the size of the apartment or imagine themselves in it, JLL's Tim des Forges encouraged the owners to stage the property to make it more appealing. It was then put back on the market at the end of December 2017, and has since enjoyed an increase in viewings and serious interest.

Tim des Forges, Director of Residential Agency at JLL, comments: 'Properties that are furnished are generally better received by buyers. Chairs, beds and pieces of art act as prompts and trigger an emotional response. When viewing a potential new home, buyers ask themselves, can



I see myself living here? Is this where I will entertain my guests? Will my king-size bed fit in this room? First impressions are important when selling a property and how you present your home sets the tone, and eventually determines a sale. It's important to showcase your home in the best light: keeping it clean and adding touches like fresh flowers make viewers feel welcome.' For further information, please contact JLL's Chelsea office on 020 7306 1616 or visit ill.co.uk/residential

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PLAZA estates

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KNIGHTSBRIDGE, SW1

A magnificent high ceilinged 2 bedroom apartment extending to 1264 sq ft, situated on the second floor of a luxury portered block located in the heart of Knightsbridge.

2 Double Bedrooms, Bathroom En-Suite, Shower Room En-Suite, Double Reception Room, Bespoke Fitted Kitchen, Guest Cloakroom, Smart Home System, Lift, 24 Hour Porterage

LEASEHOLD 233 YEARS UNEXPIRED

£3,300,000









Queen Anne's Gate, Westminster SW1

A Grade I listed unmodernised property with direct views of St James's Park

A unique opportunity to acquire an unmodernised house, with full planning permission in place, on one of London's most architecturally striking streets. The permissions allow for 5 bedrooms, grand reception rooms, kitchen, media room/gym, lift access to all floors, garden and private terrace. Approximately 689 sq m (7,411 sq ft).

Freehold

KnightFrank.co.uk/belgravia belgravia@knightfrank.com 020 3544 0714

KnightFrank.co.uk/victoria victoriasales@knightfrank.com 020 3544 0713

♥ @KnightFrank OnThe/Market.com



Victoria Street, Westminster SW1

A well presented apartment located on the sixth floor of a sought after red brick Victorian mansion block. Bedroom, bathroom, reception room, kitchen, parking, 24 hour concierge, lift. EPC: C. Approximately 59.2 sq m (637 sq ft). victoriasales@knightfrank.com

Office: **020 3641 6006**



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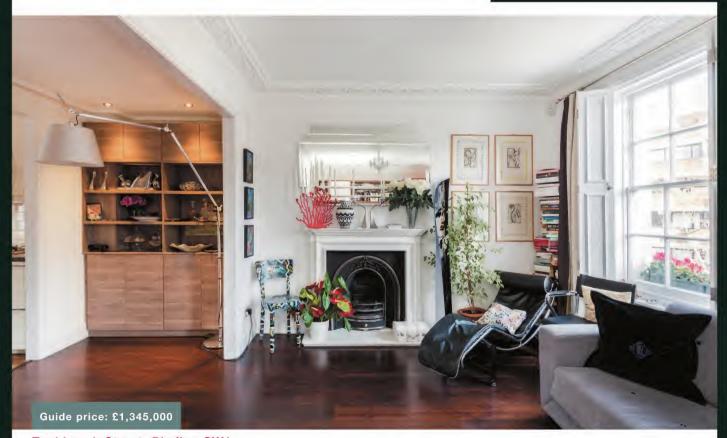
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Tachbrook Street, Pimlico SW1

This stunning property is located on the second and third floors of a beautiful period house and has been completely refurbished. 3 bedrooms, 2 bathrooms, reception room, kitchen/breakfast room, guest WC, vault. EPC: D. Approximately 107.49 sq m (1,157 sq ft). victoriasales@knightfrank.com

Office: 020 3641 6006



Moreton Terrace Mews, Pimlico SW1

A newly refurbished house offering spacious living accommodation and outside space. Master bedroom, second bedroom, family bathroom, reception room, kitchen, patio, terrace. EPC: D. Approximately 58.4 sq m (629 sq ft). Available furnished or unfurnished. victorialettings@knightfrank.com

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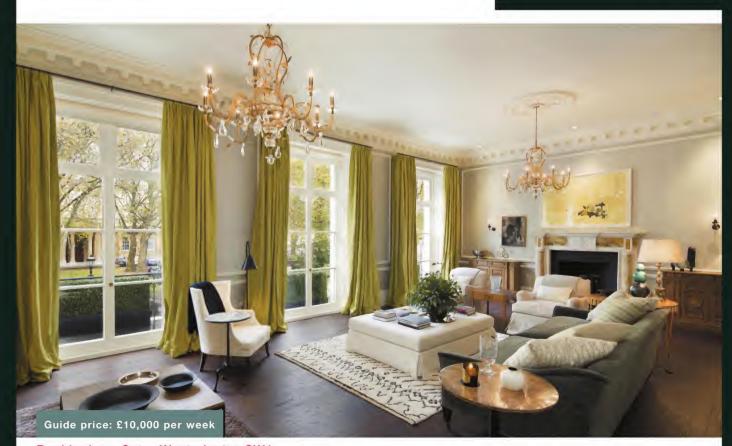
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All potential tenants should be advised that, as well as rent, an administration fee of £288 and referencing fees of £48 per person will apply when renting a property. There will also be a £48 charge to register your deposit with the Tenancy Deposit Scheme if applicable. (All fees shown are inclusive of VAT.) Please ask us for more information about other fees that will apply or visit www.knlghtfrank.co.uk/tenantfees.

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Buckingham Gate, Westminster SW1

An impressive apartment located on the raised ground and first floors of a Grade II listed townhouse. 3 bedrooms, 3 bathrooms, 3 reception rooms, kitchen, library, 2 balconies, 2 terraces, lift, parking. Approximately 433 sq m (4,663 sq ft). Available furnished. victorialettings@knightfrank.com

Office: 020 3641 6034

SHOW TIME

Top interior designers are inspiring new trends for our homes

Words FIONA BRANDHORST

ow more than ever we want our homes to look good inside and out and we're happy to take ready-made inspiration from the best interior designers who are tempting us to buy the lifestyle as well as the property.

At Fairwater House by St George at Chelsea Creek, the interiors arm of acclaimed Italian fashion house Roberto Cavalli has transformed a one bedroom show apartment with fabrics and accessories sourced and produced in Italy. Luxurious velvets and silks reminiscent of the catwalk are teamed with glass and metalwork designs to woo buyers. Apartments are priced from £890,000.

Designer Daniel Hopwood took some artistic risks when he was asked by Mount Anvil to design its vast three bedroom penthouse across the top four floors of the 31-storey Dollar Bay tower in the Docklands. 'I imagined the owner to be a high achiever – someone who revels in being daring,' reveals Hopwood. 'The architecture is impressive and forward-thinking, so the interiors needed to live up to it.' Rich golds, teal tones and the occasional kiss of ruby red reflect success and warmth. 'The interiors contrast old and new, raw and polished to give each room a dimension,' adds Hopwood. With uninterrupted views of the London skyline and docks below, the property includes two-storey winter gardens and is priced at £3.2m.

Coloured leather is on the rise, a nod to the smoking rooms of old. At One Tower Bridge, the latest show home features distressed olive green leather. And expect a lot more faux fur in 2018 to follow the trends of the fashion houses like Gucci.

London's landmark residential developments certainly share the wow factor: marble is everywhere. A penthouse at The Heron in the city is currently on the market for £13.5m where polished Sahara Noir marble is the focus for floors with smokey quartz and black granite in the master bathroom. Lisa Ronson,













Commercial Director at Ronson Capital Partners, The Heron's developer, also heads up her own interior design company. 'This year it's all about creating originality, mixing vintage and one-off bespoke pieces,' says Ronson. Colourful prints from photographers such as Slim Aarons, who captured the private homes of the celebrity jet-set from the 1950s, are an affordable way of injecting life and interest she suggests.

At Chiltern Place in Marylebone Village where the remaining apartments are priced from £2m, Ronson is showcasing the work of fashion guru turned interior designer Tomasz Starzewski and acclaimed interior expert Spinocchia Freund for the eclectic show apartments. Communal areas are seen as an extension of living space for meeting guests so need outstanding curb appeal. At White City Living the residents' lounge has an impressive sunken seating area with a fireplace at its centre reminiscent of a 1960s conversation sofa pit. Studio apartments are priced from £620,000.

A former £10 a night hostel in Bayswater has been transformed into a collection of ten luxury homes within a pair of stucco-fronted Grade II listed buildings on Inverness Terrace. Prices range from £2m for a two bedroom apartment to £4m for the three bedroom duplex penthouse on the market with Kay & Co and Knight Frank. Each apartment follows a different design to reflect the cosmopolitan village of Bayswater and retains many original features.

Knight Frank is also selling Leverton House, a classically fronted townhouse, renovated to create one large, turn-key five bedroom family home on the market for £9.75m. The architecture and interior design by Echlin uses hand-crafted textiles and fabrics from artisans across the UK, while London-based Rachel Vosper has created the latest must-have — a 'scentscape' inspired by the flora of nearby Kensington Gardens to permeate throughout the home.



HARRODS ESTATES LUXURY PROPERTY AGENTS

Established 1897



A three-bedroom duplex, first and second floor apartment in Kensington

Hornton Street, Kensington W8

- Bright and spacious reception
- Kitchen / breakfast room
- Two bathrooms

- Built in storage
- Communal gardens
- Approx. 1,188sq ft / 110.4sq m





GUIDE PRICE £2,150,000

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Beautifully renovated two bedroom apartment

Park Street, Mayfair W1

- · Fendi 'Ghost' kitchen
- Voluminous reception
- Marble bathrooms

- Terrace
- Air conditioning
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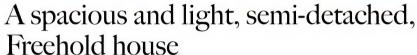




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Elm Park Road, Chelsea SW3

- Six bedrooms
- Three spacious reception rooms
- Two off street parking spaces
- Integrated garage and car port
- High ceilings
- Approx. 3,981sq ft / 370sq m





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FREEHOLD

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A very spacious three-bedroom apartment with a large private terrace

Harrods Court, Knightsbridge, SW3

- Large reception room
- Three double bedrooms
- Large private patio garden
- 24-hour concierge and security
- Valet parking service
- Approx. 2,012sq ft / 187sq m





GUIDE PRICE £5.750.000

LEASEHOLD APPROXIMATELY 987 YEARS

EPC RATING

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HAVE YOU OVERPAID STAMP DUTY?

Homebuyers paid a record £9.5bn in stamp duty land tax (SDLT) in 2017, a 16% increase on the previous year. Cornerstone projects overpayments could be as high as £4bn...

DLT, the tax you pay when purchasing a property, has recently attracted widespread attention due to discussion around its need for reform as a result of the impact being seen across the market, from buy-to-let portfolios, to second home owners and first-time buyers.

Whilst SDLT, and in particular the 3% surcharge, has brought with it a new layer of complication and additional charges when buying property, there is a possibility that you may have overpaid the correct level of tax due, and as a result you could be due for a refund.

Cornerstone Tax, the leading experts in SDLT in the UK for more than a decade, have launched a new service line, SDLT Refunds, a specialist division created to meet the huge demand from thousands of consumers who could

have overpaid SDLT in the last four years. It is estimated that billions of pounds were overpaid in 2015-2016 and this service is aimed at getting homeowners and investors back on the right track with what they should be paying.

How does SDLT Refunds work?

The rife miscalculation of SDLT is attributed to the incorrect classification of assets prepurchase of a property, by both buyers and their advisors. Cornerstone's new service assesses whether house buyers have had their assets misclassified and, if this is the case, claims the appropriate refund on behalf of the applicant from HMRC.

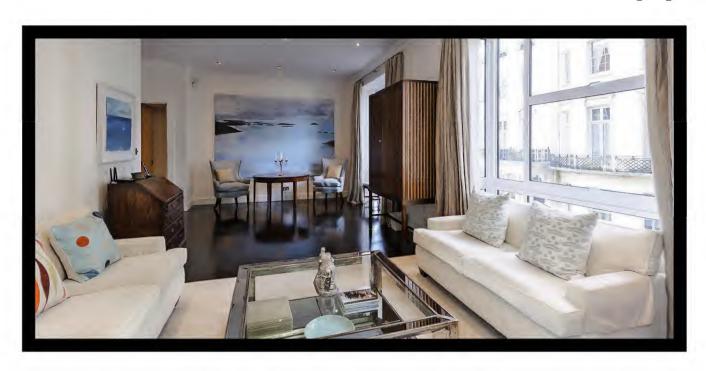
What is the success rate?

During a 12-month pilot of its new service, Cornerstone Tax achieved the successful conversion of more than 95% of applications for SDLT refunds. These individuals had typically paid twice as much SDLT as legally required. With residential 2016-17 SDLT revenues recorded at £9.5bn, this leaves annual overpayments projected at more than £4bn across the UK.

SDLT

SDLT is a fixed tax paid by property purchasers in England, Wales and Northern Ireland. Changes were made to UK SDLT rates in 2014, from a 'slab' payment to a 'slice' system, whereby there is no tax on house purchases up to the value of £125,000, 2% tax on the amount of purchase price between that and £250,000, 5% in the band up to £925,000, 10% between that and £1.5m and 12% for everything over.

Find out more at sdltrefunds.co.uk



HOUSE WITH HISTORY

Taking a closer look at the townhouse with access to a magical garden square on the exclusive Hyde Park Estates

beautifully presented townhouse with direct access to one of London's most cherished private garden squares has come on the market. The six-bedroom, six-bathroom property, which is spread over a vast 4,040 sq ft, would make the ideal family home.

Designed by George Gutch in the 1840s, Gloucester Square's private garden is among the most attractive of its type in this part of London. The enclosure offers an oasis of calm with manicured lawns, rose beds and substantial mature plane trees. Gloucester Square is part of the exclusive Hyde Park Estate, a collection of squares and crescents that form one of the most affluent parts of the capital that has attracted an array of luminaries over the years.

Thanks to its impressive openplan kitchen/dining/sitting room on the ground floor, the townhouse is ideally equipped to entertain. It also features an expansive and elegant first-floor drawing room with high ceilings and views over the garden square, a master suite occupying the entire second floor and five further en-suite bedrooms. The property also has an integral garage.

Martin Bikhit, Managing Director at Kay & Co, comments:



'Gloucester Square is one of the most attractive private enclosure spaces in London and properties of this size and presented in such excellent condition at this address come on the market extremely rarely. With its attractive groundfloor living space, this townhouse is the ideal family home with excellent local shopping and transport links.'

The house is priced at £6,250,000 and includes a share of the freehold. For further information contact the selling agents Kay & Co on 020 7262 2030 or visit kayandco.com









STANHOPE MEWS SOUTH, SW7

A delightful mews house of approx. 806 sq ft set over two floors, situated in a cobbled mews to the east of Hereford Square, 0.1 miles from Gloucester Road Underground Station.

Reception room • Separate kitchen • Double bedroom • Bathroom • Guest cloakroom • Roof terrace • Residents' parking • EPC rating D

£1,275,000 LEASEHOLD

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WESTMINSTER GARDENS, SW1P

A three bedroom apartment in a highly-regarded Art Deco mansion block located in the heart of Westminster, 0.6 miles from the Houses of Parliament and Victoria Station.

Reception room • Dining room • Kitchen • 3 Bedrooms • 2 Bathrooms • Communal roof terrace • Lift • 24hr Porter • EPC rating C

£1,350,000 SHARE OF FREEHOLD

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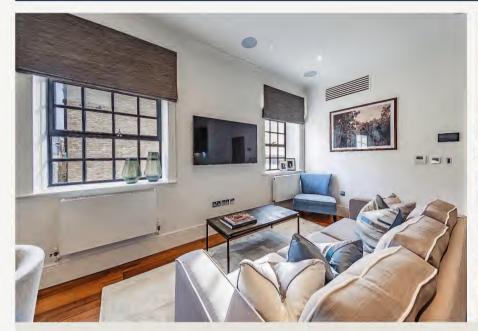
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PALACE WHARF, W6

An interior-designed penthouse apartment with river views, situated within this newly converted gated development.

Kitchen/reception room • Guest cloakroom • Master bedroom with en-suite • Two further double bedrooms • Bathroom • Balcony • Terrace • EPC rating E

£1,500 PER WEEK (*FEES APPLY)







PALACE WHARF, W6

An interior-designed penthouse apartment with river views, situated within this newly converted gated development.

Kitchen/reception room • 2 en-suite double bedrooms • Single bedroom/study • Family bathroom • Balcony • Terrace • EPC rating E

£1,500 PER WEEK (*FEES APPLY)









ST. GEORGE'S DRIVE, SW1V

A recently redeveloped flat located 0.2 miles from Pimlico Underground Station.

Kitchen/reception room • Utility room • Study • Master bedroom suite • Further en-suite bedroom • Roof terrace • EPC rating C

£695 PER WEEK (*FEES APPLY)







CUMBERLAND STREET, SW1V

A second and third floor maisonette located in the 'Pimlico Grid', 0.5 miles from Victoria Station and 0.7 miles from Sloane Square. Reception room • Eat-in kitchen • Study • 3 Bedrooms • 2 Bathrooms • Terrace • EPC rating D

£795 PER WEEK (*FEES APPLY)

Woodfall Street, Chelsea SW3

A fabulous split level two double bedroom 1,161 sq ft (108 sq m) | EPC Rating G property, with a private south facing roof terrace, which benefits from being situated at the end of a cul-de-sac.

Reception room | Dining room | Kitchen | Two bedrooms | En suite bathroom | Shower room

£1,375 per week* Unfurnished





Chelsea 020 7589 9966 chelsea.lettings@struttandparker.com

Limerston Street, Chelsea SW10

£1,500 per week* Furnished/Unfurnished



This stylish family house is arranged over three floors only, offering an excellent balance of living space.

1,786 sq ft (165 sq m) | EPC rating D Reception room | Kitchen/dining room | Four bedrooms | Three bathrooms | Bedroom five/study | Patio | Terrace





Chelsea SW10 020 7373 1010 chelseaSW10@struttandparker.com

^{*} The following Tenant Charges may apply prior to tenancy commencement: Tenancy Agreement £222 (inc VAT) Credit References per application £54 (inc VAT). All advertised prices are excluded of utility and other associated services.

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Stafford Terrace, Kensington W8

£2,150 per week* Furnished/Unfurnished



stucco front building on this high desirable street on the Phillimore Estate.

A superb first floor flat situated in a pretty 1,385 sq ft (128 sq m) | EPC Rating D

Drawing room | Kitchen | Master bedroom with ensuite bathroom | Two further bedrooms | Further bathroom





Kensington 020 7938 3866 kensington. lettings@struttandparker.com

Chepstow Place, Notting Hill W2



A truly sensational and beautifully presented, part stucco fronted family house.

3,291 sq ft (305 sq m) | EPC rating D Kitchen | Further double reception room | Master bedroom suite | Two further double Bedrooms | Cinema room | Wine cellar

£4,500 per week* Unfurnished





Notting Hill 020 7221 1111 nottinghill@struttandparker.com

^{*} The following Tenant Charges may apply prior to tenancy commencement: Tenancy Agreement £222 (inc VAT) Credit References per application £54 (inc VAT). All advertised prices are excluded of utility and other associated services.







Queen's Gate Gardens, South Kensington SW7

£2,250,000 Leasehold













A first floor two double bedroom flat with lift and a west-facing balcony.

1,262 sq ft (117 sq m) | EPC rating D

Reception room | Mezzanine | Kitchen | Two bedrooms with ensuite bathrooms | Guest WC | Balcony

South Kensington 020 7581 7000

southken@struttandparker.com

STRUTT&PARKER

Ennismore Gardens, Knightsbridge SW7

£3,950,000 Leasehold









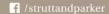


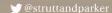
A superb three bedroom lateral apartment in a prime Knightsbridge garden square.

1,620 sq ft (150 sq m)

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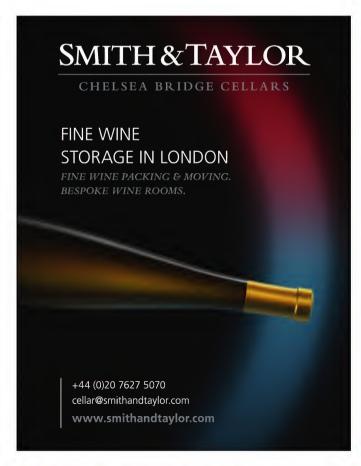
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